

STEP-UP BEDS

Fanshawe Ward, Royal South Hants

Can you identify a patient at high risk of avoidable acute emergency admission?

Would your patient benefit from a short period of rehabilitation within a community hospital?

The purpose of the step up beds is to support patients who have rehabilitation needs that require specialist medical, nursing or therapy in-patient assessment but who do not need the specialist services an acute hospital provides, therefore, contributing to the avoidance of acute hospital admissions.

**THERE ARE
10 STEP UP
BEDS ON
FANSHAWE
WARD**

Fanshawe Ward provides access to the same services normally found within an older person's rehabilitation setting.

We are also considering patients awaiting nursing or residential care placements or packages of care (if there is a defined discharge plan). If admitting from the community, the expectation is the referrer continues to support the ward to facilitate a successful and timely discharge.

Admission criteria and process

How are referrals made?

- Direct referrals can come from various sources including a GP, the Independence Teams, District Nurse, Case Managers (Community Matron), Urgent Response or other community services after discussions with one of the nurses on Fanshawe Ward. There is the expectation that basic diagnostics such as urinalysis base line bloods and observation are carried out.
- If referring patients from the Clinical Decisions Unit (CDU) or Acute Medical Unit (AMU) the referral should be made direct to Fanshawe Ward by telephoning **0300 123 3914**
- Referrals that are made to the ward may have an MDT review to discuss the rehabilitation goals and appropriateness, this may include a discussion with the consultant for the ward.

On occasions, there may be no bed available at the time of referral. In these instances, the wards do operate a waiting list.

Admission to the wards of patients on the waiting list are on a priority basis and the ward will contact you nearer the time to complete the referral and access the appropriateness of the referral at the time.

Please do not give the ward telephone number to relatives/carers of patients who are on the waiting list.

for referrals, please contact: 0300 123 3914

Exclusion criteria

If you have concerns regarding the needs of one of your patients who is within the exclusion criteria, we are happy to discuss individual referrals and carry out a holistic assessment if you feel they will benefit from an inpatient rehabilitation stay.

- Chest pain of an ischemic nature
- Acute shortness of breath
- Rapidly evolving illness with systemic compromise including dehydration,
- cardiorespiratory compromise, impaired conscious level or behavioural problems
- Cerebral vascular accident (CVA)
- Acute mental illness
- Patients requiring urgent surgical / orthopaedic assessment or treatment
- Diagnostics
- End of life care
- Issues that only require resolution by Social Services
- Does not require inpatient care
- Respite care
- Bed rest if non-compliant

Admissions to the beds, due to the availability of medical cover is between 09:00 and 17:00 Monday to Friday, with the exception of transfers from AMU. We require the patient to arrive on the ward before 15:00 to allow time for medical clerking.

All patients will require a negative Covid swab 48 hours prior to admission.

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