

HAMPSHIRE AND ISLE OF WIGHT PAEDIATRIC LONG COVID MULTI DISCIPLINARY TEAM

June 2021 Update

From Tuesday 1 June 2021 until Tuesday 1 March 2022, Solent NHS Trust and partners will be taking referrals from GPs and primary care networks for children, under the age of 18, experiencing ongoing and residual symptoms and impacts from COVID-19.

In line with national guidance and current best practice, referrals will be received by the Trust at an appropriate juncture in the child's ongoing assessment, investigation and treatment for the impacts of Long Covid. These assessments, investigations and treatments are covered within the referral form.

The primary role of the multi-disciplinary team (MDT) is:

- To receive referrals for children and young people under the age of 18 experiencing ongoing symptoms and impacts of long Covid
- To undertake an MDT triage that consists of a paediatrician, occupational therapist, physiotherapist and psychologist
- To undertake a face to face appointment with the child if clinically required
- To work with colleagues in primary, secondary or specialist care services to provide ongoing investigations and support as required
- To provide therapy sessions directly where clinically indicated for up to 12 weeks before review
- To signpost and support the child and their family to appropriate self-help/community resources

Completed referral forms should be sent to:

SNHS.Solentchildrenstherapy.service@nhs.net

