

# Medicines Optimisation **intervention brief**

<b>Title of Intervention:</b>
Kelhale as the preferred brand of extra-fine beclometasone dipropionate pressurised inhalation solution in adult patients
<b>WHAT?</b>
<ul style="list-style-type: none"> <li>• Prescribe Qvar<sup>®</sup> inhalers as the relevant strength of Kelhale<sup>®</sup> inhaler.</li> <li>• Initiate Kelhale<sup>®</sup> as the preferred brand for any new patients &gt;18 years requiring an extra-fine beclometasone dipropionate inhaler.</li> </ul>
<b>WHY?</b>
<ul style="list-style-type: none"> <li>• Provides consistency for the patient with less chance of confusion between brands.</li> <li>• Local hospitals are using Kelhale<sup>®</sup> as their preferred brand.</li> <li>• Kelhale<sup>®</sup> is one of the brands that provide best value for money.</li> <li>• Dosing is equivalent to Qvar<sup>®</sup>.</li> <li>• Estimated potential savings for West Hampshire CCG of £100,000 per annum.</li> </ul>
<b>WHO?</b>
<ul style="list-style-type: none"> <li>• Adult (&gt;18years) patients who need to be initiated on beclometasone dipropionate extra-fine particle inhalers.</li> <li>• Adult (&gt;18years) patients requiring regular repeat prescriptions for Qvar<sup>®</sup>.</li> <li>• Do not switch patients on Qvar<sup>®</sup> Easi-Breath or Autohaler devices</li> <li>• Kelhale<sup>®</sup> is not licensed in children under 18years</li> </ul>
<b>TIPS?</b>
<ul style="list-style-type: none"> <li>• Review patients' inhaler technique and check for appropriate use of MDI.</li> <li>• Refer to inhaler information sheet to aid identification of beclometasone containing MDIs.</li> <li>• The packaging does not make it clear this is a PREVENTER inhaler.</li> </ul>
<b>HOW?</b>
<ul style="list-style-type: none"> <li>• Use search to identify patients &gt;18 years prescribed Qvar<sup>®</sup> on current repeat.</li> <li>• Switch adult patients requiring regular repeat prescriptions for Qvar<sup>®</sup> inhaler to the relevant strength of Kelhale<sup>®</sup> inhaler according to the process agreed with an individual practice.</li> </ul>
<b>SO WHAT?</b>
<ul style="list-style-type: none"> <li>• All patients will receive a consistent brand of beclomethasone dipropionate inhaler.</li> <li>• Savings will be realised.</li> </ul>
<b>FURTHER INFORMATION</b>
<p>1. Summary of Product Characteristics  <a href="https://www.medicines.org.uk/emc/search?q=kelhale">https://www.medicines.org.uk/emc/search?q=kelhale</a></p>

## Appendix: Identification of beclometasone containing metered dose inhalers (MDI)

### Extra-fine particle devices: Qvar and Kelhale

(NB. Qvar is also available as Easi-Breath and Autohaler devices)



### Standard particle size devices: Clenil modulite and Soprobe



