

Referral pathways for Mental Health (South Locality WHCCG)



West Hampshire
Clinical Commissioning Group

Patient presents needing referral to MH services

Presents to own GP Mon-Fri : 9am-5pm
Health or joint health and social needs:

Contact local
Community Mental Health Team

Eastleigh Desborough Rd:
023 80 61 5729

Romsey Horsefair mews:
01794 830323

ESP Soton East team:
023 8047 5287

Predominantly social needs:

Contact
Social Care Mental Health team Hampshire House, 84-98 Southampton Rd Eastleigh 01794 526050

All urgent referrals are triaged by CMHT
If CMHT feel needs urgent assessment (within 24hrs) they will refer onto AMHT

Presents to own GP or OOH GP

Mon- Fri: 5pm-9am, weekends, bank hols

Contact
Acute Mental Health Team
Melbury Lodge: 01962 897726

If no answer then ward 01962 825560
9pm-8am often phone advice only, may be able to visit in the community if needed

Referrer can be passed to on-call psychiatry consultant for advice, including whether a Mental Health Act assessment is needed.

MHA referral or advice (HCC AMHP service) 0845 600 4555

Presents to Emergency Department

Assessed by ED staff, any physical health needs managed

UHS, RHCH and BNHH have a **Liaison psychiatry service 24/7**

Assessed by psychiatric liaison practitioner then referred on to AMHT, CMHT, italk, Wellbeing services or GP as needed.

Arrested by police under section 136

Taken to 136 suite (Parklands hospital in Basingstoke for WHCCG pts)

Mental Health Act undertaken decision taken to admit or discharge to AMHT/CMHT/GP

Urgent: high level of risk involved e.g. suicidal intent and plans, acute psychotic episode. Individual needs assessment done **within 24hrs**

Soon: No immediate crisis to be seen **within 10 working days**

Routine: low/medium risk to be seen **within 7 weeks**

DON'T FORGET: Wellbeing centres: Winchester, Eastleigh, Hythe, New Milton (Solent MIND) and Andover and Romsey (Andover MIND)

Psychological therapies: www.italk.org.uk Recovery College: www.southernhealth.nhs.uk/recovery provided by Southern Health offering free courses for current and past service users (discharged within last 2yrs), carers and SHFT staff and anyone who is unwaged, fees apply for others.

Quality services, better health

