

Integrated Neighbourhood Teams: Next Steps



The Story so far...

- Integrated Neighbourhood Teams (INTs) bring together healthcare professionals, social workers, community health workers and volunteers to provide comprehensive and coordinated care.
- Involving the community and voluntary sector fosters stronger relationships between healthcare providers and the communities they serve. This community-based approach enhances trust and engagement, making it easier to implement preventive measures and early interventions. It also empowers individuals to take an active role in their health and wellbeing, promoting a sense of ownership and responsibility.
- This approach ensures that individuals receive holistic support tailored to their unique needs, rather than fragmented care from multiple, disconnected services.
- During the past eight months, we have forged strong and trusting working relationships with our wide range of partners including - Faith Groups, VSCE, Adult Social Care, Public Health, Community Healthcare, Southampton City Council, and community members.
- Good progress is being made with the Early Adopter PCNs, who are both at different points of maturity on their collaborative journeys.

Progress from early adopter PCNs

Central INT is developing an understanding of how interventions can be developed. Key themes include:

- Development of Hubs (in collaboration with Saints Foundation)
- Opportunities for preparing for older age
- Equipment store drop-in sessions (in collaboration with the Red Cross).

LWP INT is developing an internal Frailty pathway and patient engagement is underway with the Care Coordinators and Health and Wellbeing teams. A small amount of funding from Applied Research Collaboration (ARC) Wessex has been secured to understand whether prioritisation of care coordinator assessments in this work can be informed by the UoS MELD-B research project.

Engagement with other PCNs

We are also building upon engagement with other PCNs and are in the early stages of development with a further two PCNs:

- **North:** Working group in development-exploring opportunities to develop existing activities; connecting and supporting students and frail patients.
- **Woolston and Townhill:** Preparing for further conversations collaborating with Saints Foundation Hub development.



Integrated Neighbourhood Teams: Partner Quotes



Integrated Neighbourhood Teams (INTs) that include the community and voluntary sector are a crucial and exciting development for the future of person-centred health and wellbeing. These teams will bring together healthcare professionals, social workers, community health workers, and volunteers to provide comprehensive and coordinated care. This approach ensures that individuals receive holistic support tailored to their unique needs, rather than fragmented care from multiple, disconnected services. INTs can help people stay well for longer by adopting a more ambitious and joined-up approach to prevention. **(Public Health)**

Saints Foundation supports people in need throughout Southampton providing life changing opportunities to help our city and its communities thrive. Being part of the Integrated Neighbourhood Team has allowed us to share our vision and approach with a wide variety of partners and provided us with the opportunity to be part of planning and development process for INTs. This has helped us to test our plans with key partners and ensure they meet the vision of a more integrated approach for Southampton.

Effective collaborative working between Health, Social care and the Voluntary sector is not a new concept, but something that has been evidenced to lead to significantly better outcomes for those who require support in our community. This is something all agencies can agree on. However, how we truly achieve this has long been discussed. Being part of INTs is an exciting opportunity to work together to try to bring about much needed change with the residence of Southampton. Working together to build a united and holistic approach to the various aspects of support required. Building upon current strengths and creating more open and engaging support, focused on prevention, and unifying our communities. **(Adult Social Care)**

The ongoing development of the INT project is bringing us nearer to realising the vision of integrated proactive care, embedded, and delivered within a patients community, which promotes and supports healthy ageing. This is being achieved by collaborative working and co-production with statutory, non-statutory and voluntary sector partners, and underpinned by robust review and evaluation. This approach will need investment across the whole system so it can be transformational as well as sustainable. **(GP)**

Being part of the Living Well team developing our INT strategy has been really important to me as I have an interest in frailty and want to ensure that medication has been thought about as we develop our plan. It has been interesting to learn what other sectors have to offer too that I wasn't already aware of, and networking with others around the UK recently pharmacists definitely have a role to play in INTs which I think we still need to develop further. **(Senior Pharmacist)**