



# Coping with Professional Grief

Discover how to support yourself and your colleagues when faced with continuous or regular grief through your work.

People working in hospices, care homes, hospitals and other care settings often experience the deaths of patients and residents where they work, but this doesn't mean each death is easier to cope with. This is equally the case for professionals working in funeral homes or crematoria, or those working with grieving families and loved ones.

Hospice UK's Compassionate Employers Programme run regular workshops to help care professionals manage recurring and often overlooked experiences of grief through their work.

**Our next virtual workshop will be on:  
Wednesday 5 March 2025, 10.00 - 12.30**

**The cost is just £120 + VAT per person.**

**[Book your space here](#)**

"I was impressed with the delivery of this session - content and time management were spot on. Well done and thank you."

Clinical Nurse Educator

"A great course which has really made me think about the support we offer our staff and how we need to improve this."

Employee Wellbeing Lead

## Aims of the training

- Understand what professional grief is, and how it may impact an individual or workplace
- Offer guidance for supporting your team, and yourself
- Highlight support that is available

## By the end of this workshop you will be able to

- Explain the difference between professional grief and other forms of grief
- Explain and recognise the impact of professional grief on an employee and the workplace
- Identify ways to support employees and teams who are exposed to frequent loss
- Find and signpost further support

**Each workshop is limited to 20 participants to keep them interactive!**

We also run exclusive sessions for only £1,500 plus VAT.

Please get in touch to find out more:  
[compassionateemployers@hospiceuk.org](mailto:compassionateemployers@hospiceuk.org)