## New Forest Parenting Programme

FamilyHub

6-week course for parent/carers of children from 3 - 12 years.

The New Forest Parenting Programme aims to support families with children facing challenges related to attention, hyperactivity, and impulsivity, which are often associated with ADHD.

Honeysuckle 6 January – 10 February 12.30 – 2.30pm **Cutbush** 25 February – 1 April 9.30 – 11.30am

Seashell 7 January – 11 February 9.30 – 11.30am

Blackberry 10 January – 14 February 12.30 – 2.30pm

Pickles Coppice 24 February – 31 March 12.30 – 2.30pm

Funded by

UK Government

**Clovelly** 27 February – 3 April 12.30 – 2.30pm

Pickles Coppice 28 February – 4 April 9.30 – 11.30am



To book your place visit: <u>soton.cc/familyhub-parentingreferral</u> For more information please contact:<u>familyhub@southampton.gov.uk</u>

**Please note this course can be in high demand.** Other courses such as Understanding Behaviour or Being a Parent, can support all families with understanding behaviours and practical communication skills.



www.soton.cc/familyhub

NHS

Hampshire and

Isle of Wight Healthcare



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Funded by UK Government Hampshire and Isle of Wight Healthcare



Family Hub locations are available online at: <u>soton.cc/family-hub-locations</u>.

Alternatively scan the QR code with the camera of a phone.



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LOCATIONS

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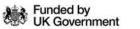
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