

Family Hub

New Forest Parenting Programme



6-week course for parent/carers of children from 3 – 12 years.

The New Forest Parenting Programme aims to support families with children facing challenges related to attention, hyperactivity, and impulsivity, which are often associated with ADHD.

Honeysuckle

6 January – 10 February
12.30 – 2.30pm

Seashell

7 January – 11 February
9.30 – 11.30am

Blackberry

10 January – 14 February
12.30 – 2.30pm

Pickles Coppice

24 February – 31 March
12.30 – 2.30pm

Cutbush

25 February – 1 April
9.30 – 11.30am

Clovelly

27 February – 3 April
12.30 – 2.30pm

Pickles Coppice

28 February – 4 April
9.30 – 11.30am



To book your place visit: soton.cc/familyhub-parentingreferral

For more information please contact: familyhub@southampton.gov.uk

Please note this course can be in high demand. Other courses such as Understanding Behaviour or Being a Parent, can support all families with understanding behaviours and practical communication skills.

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www.soton.cc/familyhub

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LOCATIONS

Family Hub locations are available online at:
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Alternatively scan the QR code with the camera of a phone.



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