

# EDNA

## Employee Disability and Neurodivergent Advice

Hello

To register



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WE'D LOVE TO MEET YOU

### NOVEMBER

Tuesday 26th, 1.30-2.30pm

*Focus: Fostering Wellbeing: "Effective Stress Management in the Workplace"*

### JANUARY

Tuesday 28th, 1.30-2.30pm

*Focus: Championing Diversity: "Disability Awareness at Work"*

### FEBRUARY

Tuesday 25th, 1.30-2.30pm

*Focus: Beyond the diagnosis: "Understanding Diverse Conditions"*

Self-refer online at:

<http://bit.ly/3VC7KJ0>

or scan here

EDNA@solent.nhs.uk



- Online
- Hear about the service
- Meet the team