

Integrated Neighbourhood Teams: Central PCN INT Update



Our delivery model

- Focused on building interventions that are co-designed with stakeholders and the community
- Based on Asset Based Community Development models which recognise that communities and community organisations often hold the solutions.
- This means that we are making a real effort to develop relationships with stakeholders and partners from statutory and community organisations and community members to understand some of the key challenges for frailty in our neighbourhoods.

Key delivery themes



Listening & talking



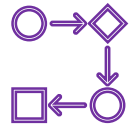
Thinking creatively



Understanding assets & resource scarcity



Collaborating & co-producing



Model development

Our focus



Local interventions - focused on the communities in and around Central PCN with an emphasis on reducing health inequalities



Co-design and co-production with a range of stakeholders from statutory, community and voluntary sectors, as well as the resident population



Adults (18+) where frailty is a key indicator for poorer health outcomes. We will consider how prevention models can support pre, mild and medium frailty, recognising that frailty affects people in older age

Working definition of frailty

“ Frailty is a multidimensional and dynamic condition leading to reduced resilience and ability to cope and compromising the ability to undertake everyday tasks ”

What we are doing and planning

- Stakeholder Workshops with a focus on collaboration.
- Stakeholder working group supporting governance and intervention development.
- FutureNHS collaborative workspace used for communication and resource collation.
- Monthly newsletter.
- Un-Conference workshop with stakeholders and community residents to support intervention idea development and design.

