

Hydration Health Summit

Enhancing knowledge and understanding
of hydration in health and social care



Thursday 14 November 2024



09:00 AM - 16:45 PM



Senate House, Malet Street,
London WC1E 7HU

Hear from internationally renowned experts on the importance and challenges of maintaining health and wellbeing through good hydration, and innovations currently being tested across England.

Topics include:

- Importance of Fluids in Health
- Water Safety
- Hydration and the Older Person
- Urinary Tract Infections and Gram-negative bloodstream infections
- Importance of Fluid Management and Fluid Balance
- Innovation initiatives such as #ButFirstADrink

Who should attend:

- Health and care professionals working in Primary Care, Secondary Care or Community/Residential settings, for example:
 - Doctors, Nurses, Allied Health Professionals
 - Care Home staff

Why attend?

- Improve your understanding of the impact of hydration on health and disease.
- Learn practical approaches to assessing and addressing hydration needs.
- Implement evidence-based practices to improve hydration management for your patients/residents.



[Sign up here](#) to reserve your place.

Any queries, contact isabel.rodriguesdeabreu@nhs.net

This event is organised by the NHS and is open to all health and care professionals.

