

Family Hub

Being a Parent



9-week course for parents and carers of children aged between 2-11 years.

Supporting parents to learn practical communication skills to enable our children to be confident, happy and co-operative.

The programme explores:

- Expressing and acknowledging feelings
- Play
- Communication styles and reflective listening.
- Using Praise
- Discipline Strategies

Hardmoor Early Years Centre

26 September – 28 November

9.30 – 11.30am

Creche available

Leaside Way, Bassett Green, Southampton SO16 3EP

To book your place visit:

soton.cc/familyhub-parentingreferral

For more information please contact:

Familyhub@southampton.gov.uk



EMPOWERING
PARENTS
EMPOWERING
COMMUNITIES



@familyhubsouthampton

www.soton.cc/familyhub

Family Hub

Being a Parent



9-week course for parents and carers of children aged between 2-11 years.

Supporting parents to learn practical communication skills to enable our children to be confident, happy and co-operative.

The programme explores:

- Expressing and acknowledging feelings
- Play
- Communication styles and reflective listening.
- Using Praise
- Discipline Strategies

Hardmoor Early Years Centre

26 September – 28 November

9.30 – 11.30am

Creche available

Leaside Way, Bassett Green, Southampton SO16 3EP

To book your place visit:

soton.cc/familyhub-parentingreferral

For more information please contact:

Familyhub@southampton.gov.uk



EMPOWERING
PARENTS
EMPOWERING
COMMUNITIES



@familyhubsouthampton

www.soton.cc/familyhub