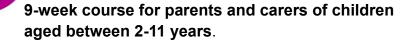


Being a Parent



Supporting parents to learn practical communication skills to enable our children to be confident, happy and co-operative.

The programme explores:

- Expressing and acknowledging feelings
- Play
- Communication styles and reflective listening.
- Using Praise
- Discipline Strategies

Hardmoor Early Years Centre

26 September – 28 November 9.30 – 11.30am

Creche available

Leaside Way, Bassett Green, Southampton SO16 3EP

To book your place visit:

soton.cc/familyhub-parentingreferral

For more information please contact: Familyhub@southampton.gov.uk



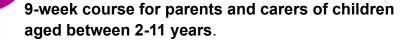


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