

# Family Hub Parenting Offer

## Autumn 2024

From 12 August – 20 December

For more information and support, please email: [familyhub@southampton.gov.uk](mailto:familyhub@southampton.gov.uk)

For online courses, go to [inourplace.co.uk/southampton/](http://inourplace.co.uk/southampton/), register for access using the code TITANIC and put in your Southampton postcode.

<b>Monday</b>	<b>Understanding Behaviour</b> Online with Zoom 6.30 - 8.30pm 12 August and 19 August	<b>Infant Massage</b> Pickles Coppice: 1 - 2.30pm 9 Sept - 7 Oct	<b>New Forest Parenting Programme</b> Honeysuckle: 12.30 - 2.30pm 16 Sept - 21 Oct	<b>Cook and Eat</b> Seashell: 3.30 - 5.30pm 16 Sept - 21 Oct	<b>Infant Massage</b> Blackberry: 1 - 2.30pm 23 Sept - 21 Oct	<b>New Forest Parenting Programme</b> Pickles Coppice: 12.30 - 2.30pm 4 Nov - 9 Dec	<b>Understanding Behaviour</b> <a href="#">Mansbridge School</a> 9.30 - 11.30am 4 Nov and 11 Nov	<b>Infant Massage</b> Honeysuckle: 1 - 2.30pm 11 Nov - 9 Dec
<b>Online courses</b>	<a href="#">Understanding your child's mental health and wellbeing</a>	<a href="#">Understanding your baby</a>	<a href="#">Understanding your child with additional needs</a>		<a href="#">Understanding your baby</a>	<a href="#">Understanding your child with additional needs</a>	<a href="#">Understanding your child's mental health and wellbeing</a>	<a href="#">Understanding your baby</a>
<b>Tuesday</b>	<b>Incredible Years</b> Seashell: 9.30 - 11.30am 10 Sept - 17 Dec Creche available	<b>Cook and Eat</b> Clovelly: 10am - 12pm 10 Sept - 15 Oct	<b>Infant Massage</b> Clovelly: 1 - 2.30pm 10 Sept - 8 Oct	<b>Understanding Behaviour</b> Pickles Coppice: 12.30 - 2.30pm 17 Sept and 24 Sept	<b>Being a Parent</b> The Ashby Centre: 12.30 - 2.30pm 17 Sept - 19 Nov Creche available	<b>Cook and Eat</b> Clovelly: 3.15 - 5.15pm 5 Nov - 10 Dec		
<b>Online courses</b>	<a href="#">Understanding your child's feelings</a>		<a href="#">Understanding your baby</a>	<a href="#">Understanding your child's mental health and wellbeing</a>	<a href="#">Understanding your child's feelings</a>			
<b>Wednesday</b>	<b>Incredible Years</b> Clovelly: 9.30 - 11.30am 11 Sept - 18 Dec Creche available	<b>Living With Teenagers</b> Clovelly: 12.30 - 2.30pm 2 Oct - 4 Dec	<b>Infant Massage</b> Seashell: 1 - 2.30pm 6 Nov - 4 Dec	<b>Infant Massage</b> The Ashby Centre: 1 - 2.30pm 6 Nov - 4 Dec				
<b>Online courses</b>	<a href="#">Understanding your child's feelings</a>	<a href="#">Understanding your teenager's brain</a>	<a href="#">Understanding your baby</a>	<a href="#">Understanding your baby</a>				



Children & Learning  
Making a difference



SOUTHAMPTON  
CITY COUNCIL

# Family Hub Parenting Offer Autumn 2024

From 12 August – 20 December

For more information and support, please email: [familyhub@southampton.gov.uk](mailto:familyhub@southampton.gov.uk)

For online courses, go to [inourplace.co.uk/southampton/](https://inourplace.co.uk/southampton/), register for access using the code TITANIC and put in your Southampton postcode.

<b>Thursday</b>	<b>Cook and Eat</b> The Ashby Centre: 9.30 - 11.30am 12 Sept - 17 Oct	<b>Being a Parent</b> <a href="#">Hardmoor Early Years Centre:</a> 9.30 - 11.30am 26 Sept - 28 Nov Creche available	<b>New Forest Parenting Programme</b> Cutbush: 12.30 - 2.30pm 7 Nov - 12 Dec	<b>Cook and Eat</b> Pickles Coppice: 4 - 6pm 7 Nov - 12 Dec	<b>Being a Parent Together</b> Online with Zoom: 7.30 - 9.30pm 14 Nov - 5 Dec
<b>Online courses</b>		<a href="#">Understanding your child's feelings</a>	<a href="#">Understanding your child with additional needs</a>		<a href="#">Understanding your relationships</a>
<b>Friday</b>	<b>New Forest Parenting Programme</b> Blackberry: 12.30 - 2.30pm 20 Sept - 25 Oct	<b>Infant Massage</b> Cutbush: 10 - 11.30am 27 Sep - 25 Oct	<b>Incredible Years</b> Pickles Coppice: 9.30 - 11.30am 18 Oct - 7 Feb	<b>Cook and Eat</b> Cutbush: 9.30 - 11.30am 8 Nov - 13 Dec	<b>Understanding Behaviour</b> Clovelly: 12.30 - 2.30pm 15 Nov and 22 Nov
<b>Online courses</b>	<a href="#">Understanding your child with additional needs</a>	<a href="#">Understanding your baby</a>	<a href="#">Understanding your child's feelings</a>		<a href="#">Understanding your child's mental health and wellbeing</a>

## Locations

Family Hub  
Cutbush  
Cutbush Lane,  
Southampton,  
SO18 2GF  
023 8091 5480

Family Hub  
The Ashby  
Centre  
Stratton Road,  
Southampton,  
SO15 5QZ  
023 8054 0135

Family Hub  
Seashell  
Foxcott Close  
Southampton,  
SO19 9JQ  
023 8043 7866

Family Hub  
Pickles Coppice  
65 Windermere  
Avenue  
Southampton,  
SO16 9QX  
023 8054 0135

Family Hub  
Clovelly  
60-68 Clovelly  
Road  
Southampton,  
SO14 0AU  
023 8033 1635

Family Hub  
Honeysuckle  
Honeysuckle  
Road  
Southampton  
SO16 3BZ  
023 8083 3552

Family Hub  
Blackberry  
Byron Road  
Southampton,  
SO19 6FH  
023 8091 7633

For online courses, go to [inourplace.co.uk/southampton/](https://inourplace.co.uk/southampton/), register for access using the code TITANIC and put in your Southampton postcode.



Children  
& Learning  
Making a difference



SOUTHAMPTON  
CITY COUNCIL