**Solent’s Complex Care MDT meetings**

We run weekly ‘Complex Care MDT meetings’ in each of the three localities. These meetings are a really valuable space in bringing together a range of health and social care professionals to discuss individual patients in depth. We discuss those patients identified on the Community Nursing (CN) / Community Independence Service (CIS) caseload who would benefit from discussion, such as those with medical/nursing issues, safeguarding etc, and those patients requiring geriatrician / ACP review. We try and develop a plan of action to keep patients at home for those patients who are at risk of re-admittance to hospital. Attendees include Community Nursing, Community Independence Service, Consultant geriatrician, Consultant nurse and Social Services.

***What is discussed?***

We discuss complex patient situations, where having an MDT around the table will be beneficial in bringing their care together. This includes:

* Discussing patients that are currently in hospital - the older persons practitioner at UHS feeds back on their admission.
* Complex patients living in their own homes, where we discuss a plan of action to try and keep the patient at home. This could include changing medication, equipment reviews, escalated therapy reviews and referrals to the wider team.
* Discussing the circumstances of any deaths that have occurred on the caseload.

***How can Primary Care be involved?***

GPs and other members of the Primary Care team can be involved in the following two ways:

1. ***Attend our MDT meeting online where your patients are being discussed***

If you have a patient being discussed in an upcoming MDT meeting, you can attend the meeting online. Your contribution could also include emailing us information that could contribute to our assessment and treatment plan if you are unable to attend. If a GP or representative does join our meeting, we will move straight to their patients first, so that they don’t need to stay for the whole meeting, saving time.

1. ***Have a system in place to coordinate the emails about the patients due to be discussed***

Two working days beforehand, our admin teams will email all GP practices who have patients on the list to discuss that week (emails are sent on Mondays in West, Tuesdays in Central, and Fridays in East locality). Emails are sent to the generic practice inbox, and ideally should be picked up and sent on to the right person in the clinical team to give them opportunity to contribute. It would be helpful for you to have a system in place to administrate this, for example, could a HCA or Care Coordinator be in charge of triaging these emails and ensuring the right person is able to contribute to the MDT meeting.

1. ***Refer your patient(s) to be discussed at our MDT***

GPs are also very welcome to bring along their own patients for discussion at our meetings. To do this, you need to write an SBAR and email it into the relevant locality’s Complex Care MDT inbox (contact details in the table below). Our admin team can then create a referral and populate our template with the SBAR information from the email, ready for it to be discussed at the following week’s MDT. Our admin team will send out an MS Teams link to join the meeting online. At the meeting, the GP will need to present the patient, going through SBAR to discuss the concerns / reasons for discussion.

The patient *does not* need to be under the CN/CIS caseload or known to the service to be included in our MDT. You are also welcome to call or email the team if you wish to discuss anything before referring.

***When do the meetings happen and how can I can in touch?***

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| --- | --- | --- |
| ***Locality*** | ***Meeting time and day*** | ***Contact details*** |
| West | Wednesdays, 9-10am | ComplexCareMDTWest@solent.nhs.uk |
| East | Tuesdays, 9:30-10:30am | ComplexCareMDTEast@solent.nhs.uk |
| Central | Thursdays, 9-10am | ComplexCareMDTCentral@solent.nhs.uk |

***What have GPs said about this?***

Here is what Dr Henrietta Idiodi from Cheviott Road surgery had to say about our meetings:

“The complex MDT meetings are a much needed and long-awaited opportunity for us health professionals to coordinate and collaborate to provide adequate care. I find it helpful and aim to attend as much as I can. The updates about patient care / patient journey and the goals set during the meeting had been very helpful. Meeting is a positive step towards achieving effective care outcomes for our patients.”

***Would you like more information?***

If you would like more information about these meetings and how you can be involved, please email: sara.a’court@nhs.net or christine.horan@solent.nhs.uk.