

# Family Hub

## Understanding Behaviour



**2 x 2-hour workshops for parents/carers of children aged two and above.**

When it comes to developing an understanding of why our children behave the way they do it can be confusing. This workshop helps to empower parents to understand behaviours and feel motivated to respond in a more positive way.

### Online with Zoom

12 August and 19 August  
6.30 – 8.30pm

To book your place visit:

[soton.cc/familyhub-parentingreferral](https://soton.cc/familyhub-parentingreferral)

For more information please contact:

[Familyhub@southampton.gov.uk](mailto:Familyhub@southampton.gov.uk)

 @familyhubsouthampton

[www.soton.cc/familyhub](https://www.soton.cc/familyhub)

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