

# Family Hub

## Infant Massage



**FREE 5-week Infant Massage course, for parents with non-mobile babies.**

Classes facilitated by IAIM Infant Massage Instructor Trained. You will learn how simple strokes may help your baby with wind or constipation and how important your touch is in supporting the bonding process and your baby's emotional development.

### **Pickles Coppice Family Hub**

9 September – 7 October  
1 – 2.30pm

### **Blackberry Family Hub**

23 September – 21 October  
1 – 2.30pm

### **The Ashby Centre Family Hub**

6 November – 4 December  
1 – 2.30pm

### **Honeysuckle Family Hub**

11 November – 9 December  
1 – 2.30pm

### **Clovelly Family Hub**

10 September – 8 October  
1 – 2.30pm

### **Cutbush Family Hub**

27 September – 25 October  
10 – 11.30am

### **Seashell Family Hub**

6 November – 4 December  
1 – 2.30pm

To book your place visit:  
[soton.cc/familyhub-parentingreferral](https://soton.cc/familyhub-parentingreferral)

For more information please contact:  
[Familyhub@southampton.gov.uk](mailto:Familyhub@southampton.gov.uk)



@familyhubsouthampton

[www.soton.cc/familyhub](http://www.soton.cc/familyhub)

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## LOCATIONS

**Family Hub Cutbush**  
Cutbush Lane,  
Southampton, SO18 2GF  
023 8091 5480

**Family Hub Blackberry**  
Byron Road  
Southampton, SO19 6FH  
023 8091 7633

**Family Hub Seashell**  
Foxcott Close  
Southampton, SO19 9JQ  
023 8043 7866

**Family Hub Pickles  
Coppice**  
65 Windermere Avenue  
Southampton, SO16 9QX  
023 8054 0135

**Family Hub The Ashby  
Centre**  
Stratton Road,  
Southampton, SO15 5QZ  
023 8054 0135

**Family Hub Clovelly**  
60-68 Clovelly Road  
Southampton, SO14 0AU  
023 8033 1635

**Family Hub Honeysuckle**  
Honeysuckle Road  
Southampton SO16 3BZ  
023 8083 3552

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