# Family Hub Infant Massage

FREE 5-week Infant Massage course, for parents with non-mobile babies.

Classes facilitated by IAIM Infant Massage Instructor Trained. You will learn how simple strokes may help your baby with wind or constipation and how important your touch is in supporting the bonding process and your baby's emotional development.

## **Pickles Coppice Family Hub**

9 September – 7 October 1 – 2.30pm

## **Blackberry Family Hub**

23 September – 21 October 1 – 2.30pm

## The Ashby Centre Family Hub

6 November – 4 December 1 – 2.30pm

### Honeysuckle Family Hub

11 November – 9 December 1 – 2.30pm



## **Clovelly Family Hub**

10 September – 8 October 1 – 2.30pm

#### **Cutbush Family Hub**

27 September – 25 October 10 – 11.30am

#### Seashell Family Hub

6 November – 4 December 1 – 2.30pm

#### To book your place visit:

soton.cc/familyhub-parentingreferral

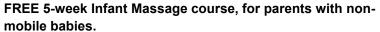
For more information please contact:

Familyhub@southampton.gov.uk



www.soton.cc/familyhub





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# Emily Hub LOCATIONS







## **Family Hub Cutbush**

Cutbush Lane, Southampton, SO18 2GF 023 8091 5480

## 023 8091 7633

Family Hub Blackberry

Byron Road

Southampton, SO19 6FH

## Family Hub Seashell

Foxcott Close Southampton, SO19 9JQ 023 8043 7866

## Family Hub Pickles Coppice

65 Windermere Avenue Southampton, SO16 9QX 023 8054 0135

# Family Hub The Ashby Centre

Stratton Road, Southampton, SO15 5QZ 023 8054 0135

## **Family Hub Clovelly**

60-68 Clovelly Road Southampton, SO14 0AU 023 8033 1635

## Family Hub Honeysuckle

Honeysuckle Road Southampton SO16 3BZ 023 8083 3552

## @familyhubsouthampton

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