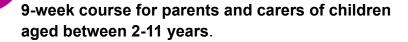


Being a Parent



Supporting parents to learn practical communication skills to enable our children to be confident, happy and co-operative.

The programme explores:

- Expressing and acknowledging feelings
- Communication styles and reflective listening.
- Using Praise
- Discipline Strategies

The Ashby Centre Family Hub **Hardmoor Early Years Centre**

17 September – 19 November

9.30 - 11.30am

12.30 – 2.30pm Creche available

Creche available

26 September – 28 November

To book your place visit:

soton.cc/familyhub-parentingreferral

For more information please contact: Familyhub@southampton.gov.uk





www.soton.cc/familyhub











Being a Parent

9-week course for parents and carers of children aged between 2-11 years.

Supporting parents to learn practical communication skills to enable our children to be confident, happy and co-operative.

The programme explores:

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LOCATIONS



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Family Hub The Ashby Centre

Stratton Road. Southampton, SO15 5QZ 023 8054 0135

Hardmoor Early Years Centre

Leaside Way, Bassett Green, Southampton SO16 3EP

Centre Stratton Road,

Southampton, SO15 5QZ 023 8054 0135

Family Hub The Ashby

Hardmoor Early Years Centre

Leaside Way, Bassett Green, Southampton SO16 3EP



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