

Family Action Young Carers 2023/24 Professionals Training Schedule

Family Action Young Carers are delivering a series of information and training sessions throughout this next academic year. These sessions are open to all professionals regardless of whether your work is with children, young people or adults.

All training is free to attend. Please see full details below of the sessions on offer and links to register to attend. For further enquiries, please contact our team at rbwm.yc@family-action.org.uk

Please visit our [website](#) for further information about our service and resources for professionals and families.

An Introduction to Young Carers (1 hour virtual)

This webinar is designed to raise awareness of young carers, improve understanding on the challenges young carers may face and support practitioners to be more equipped to identify and support young carers in their own area of practice regardless of whether your work is with children, young people or adults.

19th September 2023, 3.30 – 4.30pm | [Register here](#)

9th January 2024, 3.30 – 4.30pm | [Register here](#)

30th April 2024, 3.30 – 4.30pm | [Register here](#)

Train the Trainer: Young Carer Champion (4 hours in person, Maidenhead)

We recommend that services nominate up to 2 members of their team to become Young Carer Champions to attend this training.

Training objectives:

- To understand the roles of Young Carers and the impact on their wellbeing and development
- To understand the legal rights of Young Carers in the UK
- To engage with Young Carers and their families
- To explore how to establish systems to support Young Carers within your own workplace

On completion of this course, Young Carer Champions will be provided with relevant resources to use within their workplace setting to disseminate learning. Trained Young Carers Champions will be invited to attend our termly Reflective Sessions to support them in their Champion roles.

14th November 2023, 9am – 1pm | [Register here](#)

23rd April 2024, 9am – 1pm | [Register here](#)

24th April 2024, 1pm – 5pm | [Register here](#)

Young Carers and the School Census (45 minute virtual)

In Spring 2023, young carers were included on the school census return. This session is to assist schools to prepare to identify young carers and explore how to support young carers within their school environment.

Training objectives:

- To develop insight of the roles and responsibilities of a young carer and when they may need additional support from Young Carers Services
- To establish an environment for Young Carers to be identified, coded and supported within your school
- Gain a greater understanding of specialist Young Carer support

Family Action will be delivering this session a few weeks prior to each census data collection:

19th September 2023, 9:15 – 10am | [Register here](#)

9th January 2024, 9:15 – 10am | [Register here](#)

30th April 2024, 9:15 – 10am | [Register here](#)

Young Carers and the NHS Long Term Plan (45 minute virtual)

It's often said that all of us are patients at some time in our lives, but it's less often acknowledged that most of us will also be unpaid carers too. Written in partnership with NHS England, this training is for all healthcare workers, whether your work is with children, young people or adults, to assist with identifying Young Carers within the workplace setting and explore how Young Carers can be best supported.

Training objectives:

- To develop insight of the roles and responsibilities of a young carer and when they may need additional support from Young Carers Services
- To establish routine enquiry approaches for Young Carers to be identified, coded and supported
- Gain a greater understanding of specialist Young Carer support

19th October 2023, 9:15 – 10am | [Register here](#)

19th October 2023, 12.30 – 1:15pm | [Register here](#)

22nd February 2024, 9:15 – 10am | [Register here](#)

22nd February 2024, 12.30 – 1:15pm | [Register here](#)

16th May 2024, 9:15 – 10am | [Register here](#)

16th May 2024, 12.30 – 1:15pm | [Register here](#)

Young Carers in Healthcare Roundtable sessions

(1 hour 15 mins virtual)

Roundtable sessions enable Family Action Young Carers to have an open conversation with healthcare professionals and other professionals working as part of a multidisciplinary approach, to explore how we can identify and involve Young Carers throughout the care planning process of a family member and ensure their voices are heard and needs met as early as possible. Each roundtable participant is given an equal right to participate on the theme of the Roundtable session. The more you contribute, the more everyone gains from the collective insight.

Theme: How do Adult Healthcare Services consider Young Carers in households?

26th October 2023, 9:15 – 10.30am | [Register here](#)

Theme: How are frontline healthcare practitioners taught about the roles of Young Carers within their family dynamics and how are they supported in developing their understanding of the long-term impact on Young Carers in terms of their own physical, mental and emotional wellbeing?

8th February 2024, 9:15 – 10.30am | [Register here](#)

Theme: TBC as the year unfolds

20th June 2024, 9:15 – 10.30am | [Register here](#)

