



Hampshire and Isle of Wight Integrated Care Board
Omega House
112 Southampton Road,
Eastleigh
Hampshire
SO50 5PB

12th March 2024

Dear Colleague,

Referral pathway update: ADHD assessment and diagnostic service for Adults – Southampton

NHS Hampshire and Isle of Wight Integrated Care Board (HIOW ICB) has commissioned a new provider to deliver adult ADHD assessments in Southampton.

PHL will be providing adult ADHD referral assessments from 1 April 2024, taking over from the current combined providers ADHD Clinic, London Clinic and PHL.

All adults currently on a waiting list will be securely transferred to the new provider in the original referral date order.

PHL is fully compliant and operational within NHS NICE (National Institute for Clinical Excellence) guidelines, and referrals will be accepted from:

- GPs
- Education professionals
- Social care professionals
- Health professionals

We will share details of how to refer to the new providers shortly.

The ICB is working with the current providers to update patients and working with stakeholders to inform them of the change.

Both children and young people's ADHD and autism assessments, and adult autism assessments will continue to be delivered by Solent NHS Trust.

Summary of changes

Southampton children		
	Current provider	New provider
ADHD	Solent NHS Trust	No change
Autism	Solent NHS Trust	No change
Southampton adults		

ADHD	ADHD Clinic/London Clinic/PHL	PHL
Autism	Solent NHS Trust	No change

Nationally demand for both ADHD and autism assessments has risen rapidly over the past 20 years, with demand now far exceeding available capacity. The HIOW ICB is in line with this challenging position, with all areas of HIOW experiencing ADHD and autism assessment demand growing at unprecedented levels. A strategic improvement review of the ADHD and autism assessment pathway is underway. While waiting times are unlikely to significantly reduce in the short term, as workstreams develop, patients should benefit from incremental improvement, culminating in a fully redesigned service from 2026. A list of frequently asked questions has been included with this letter.

If you have any queries which are unrelated to specific patient cases, please contact hiowicb-hsi.hiowldap@nhs.net

Yours sincerely



Anthony Harper
Deputy Director for Children's Care
NHS Hampshire and Isle of Wight Integrated Care Board