## **CARDIOLOGY – MANAGEMENT OF PATIENTS WITH PALPITATIONS GUIDELINES**



This document is designed to aid the clinical decision-making for GPs seeing patients presenting with palpitations in the Primary Care Setting.

Clinical examination will aid the decision as to the appropriate health care support.

This decision-making pathway is not a substitute for the exercise of professional/clinical judgement.

Portsmouth & South East Hampshire **Clinical Commissioning Groups Palpitations** Assessment: History Examination Pre syncope AF AF PAF Investigation Exertional cardiac **Pathway** FBC/TFTs symptoms 12 Lead CCG Known heart FH of sudden unexpected Refer to High Risk cardiac death Yes cardiology Factors Murmur Signs of HF No Any ECG Reassurance Caffeine/alcohol reduction No Yes further Resolved? Management of stress action including B-blockers if required No Refer to Advice and guidance is readily **Community ECG** accessible if GPs are uncertain that a referral to secondary care is required Monitoring **MARCH 2018** Service