

Hampshire and Isle of Wight Integrated Care Board
Hampshire Fire & Police Headquarters
Leigh Road,
Eastleigh
Hampshire
SO50 9SJ

Tuesday 30th January 2023

Dear Practice Managers, Learning Disability and Mental Health Champions,

## Re: Annual Health Checks

We are writing to you as Clinical Champion for Learning Disability (LD) and Autism and Clinical Lead for Serious Mental Illness (SMI) Physical Health Checks for the Hampshire and Isle of Wight Integrated Care Board (ICB) and as Hampshire and Isle of Wight based GPs. Unfortunately, our analysis shows that overall as an ICB, we may not achieve the following targets:

- 1. 75% target for the delivery of LD Annual Health Checks (AHC) by 31<sup>st</sup> March 2024, with 100% of these being accompanied by a Health Action Plan where possible, in line with national guidelines.
- 2. 80% national target of patients on our SMI register to have a Physical Health Check (PHC) completed by 31 March 2024 including care plan review and 6 health components.

As always, there are of course areas and practices that are on target and for that we are so grateful and ask you to keep up the fantastic work. For those areas that aren't on target, we want you to know that as fellow GPs, we completely understand the ongoing pressures we face in Primary Care – We are chronically overworked, underfunded, with staff deficits that are massive in some areas. Our job is currently far from easy!

As the end of the financial year approaches again, whilst we all endeavour to plough through and gain as many points as possible, we ask that you try to complete as many LD AHC and SMI PHC as possible. Health inequalities in our LD and SMI populations are considerable. Individuals with a learning disability or serious mental illness tend to die earlier than the general population and have poorer health outcomes. A good LD AHC and SMI PHC can go a long way to preventing these poorer outcomes. We would be so grateful if you could find a way of doing as many of these as you can in the next few weeks and months.

I am sure some of you may have noticed an increase in your LD population this year which is due to a National coding change leading to 835 people been added to the register across the patch. This may have impacted your numbers through no fault of your own which I know is very frustrating and is being looked into. However, even if we discard this increase in the register, we would still not be on target.

We would be so grateful for one final push from yourselves to complete as many health checks as possible. If you would like to explore ideas / thoughts for improvements or provide any additional feedback / suggestions, please do not hesitate to contact either of us, or the appropriate Programme Team.

Learning Disability and Autism Programme team: <a href="mailto:hiowicb-hsi.hiowidap@nhs.net">hiowicb-hsi.hiowidap@nhs.net</a>
Serious Mental Illness Programme team: <a href="mailto:hiowicb-hsi.mentalhealthstrategiccommissioning@nhs.net">hiowicb-hsi.mentalhealthstrategiccommissioning@nhs.net</a>

Best wishes and thank you for listening.

Dr Gemma Langman GP at Wickham Surgery and Clinical Champion for Learning Disability and Autism Programme, Hampshire and Isle of Wight ICB Dr Daniel O'Neill

Tower House Surgery, Ryde and Clinical Lead for Mental Health and Learning Disability (IOW), Hampshire and Isle of Wight ICB