Family Hubs Parenting offer

For more information regarding the courses please email us at: familyhub@southampton.gov.uk

| Monday | Infant Massage Blackberry 11 Sept to 9 Oct 12.30-2pm | Infant Massage Clovelly 18 Sept to 16 Oct 1-2.30pm | Infant Massage Pickles Coppice 11 Sept to 9 Oct 1-2.30pm | Living With <br> Teenagers (LWT) Ashby <br> 2 Oct to 4 Dec <br> 7pm-9pm |  |  |
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| Tuesday | Cook and Eat Clovelly <br> 12 Sept to 17 Oct <br> 3.30-5.15pm | Project You Cutbush <br> 31 Oct to 5 Dec <br> 9.30-11.30am <br> Creche Available | Cook and Eat <br> Clovelly <br> 7 Nov to 12 Dec <br> 10-12pm | Understanding Behavior Honeysuckle 10 Oct and 17 Oct 10 am to 12 pm | Incredible Years Seashell 19 Sept to 12 Dec 9.30-11.30am Creche Available | Understanding Behaviour Online with Zoom 12 Sep and 19 Sep $6.30-8.30 \mathrm{pm}$ |
| Wednesday | Being a Parent Thornhill Primary 27 Sep to 29 Nov 9.30-11.30 <br> Creche Available | LWT <br> Clovelly <br> 4 Oct to 6 Dec <br> 9.30-11.30am <br> Creche Available | NFPP <br> Ashby 8 Nov to 13 Dec 12.30-2.30pm No Creche | Project You Clovelly <br> 13 Sept to 18 Oct <br> 12.30-2.30 pm <br> Creche Avaiable | Infant Massage <br> Seashell <br> 13 Sept to 11 Oct <br> 12.30-2pm |  |
| Thursday | NFPP <br> Honeysuckle <br> 14 Sept to 19 Oct <br> 9.30-11.30am <br> Creche Available | Infant Massage The Ashby Centre 9 Nov to 7 Dec 10-11.30am | Infant Massage Cutbush 2 Nov to 30 Nov 12.30-2pm | Understanding Behaviour Online with Zoom 23 Nov and 30 Nov 6.30-8.30pm | Being a Parent Together Online with Zoom 28 Sep to 7 Dec $7.30-9.30 \mathrm{pm}$ |  |
| Friday | Cook and Eat Pickles Coppice 3 Nov to 8 Dec 9.30-11.30am | Infant Massage Seashell 3 Nov to 1 Dec 10-11.30am | Cook and Eat Seashell 3 Nov to 8 Dec 12.30-2.30pm |  |  |  |

