

# Family Hub

## Understanding Behaviour



**2 x 2-hour workshops for parents/carers of children aged two and above.**

When it comes to developing an understanding of why our children behave the way they do it can be confusing. This workshop helps to empower parents to understand behaviours and feel motivated to respond in a more positive way.

### **Honeysuckle Family Hub**

Date: 10 Oct and 17 Oct  
Time: 10am – 12pm  
No Creche Available

### **Online with Zoom**

Date: 12 Sep and 19 Sep  
Time: 6.30 – 8.30pm

### **Online with Zoom**

Date: 23 Nov and 30 Nov  
Time: 6.30 – 8.30pm

**To book your place please email:**

[Familyhub@southampton.gov.uk](mailto:Familyhub@southampton.gov.uk)

For more information please contact:

Amy Reid – EPEC Hub Co-ordinator on 07920 088 499

 @familyhubsouthampton

[www.soton.cc/familyhub](http://www.soton.cc/familyhub)

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