



**SPOT THE
SIGNS**
speak out



Is someone you — know experiencing — abuse or neglect?

The types of adult abuse could be:

- Financial abuse
- Discrimination
- Physical abuse
- Sexual abuse
- Emotional abuse
- Neglect
- Self-neglect
- Domestic abuse



When you spot these signs, there are ways you can speak out.
Do not assume someone else will speak out instead of you.



SSAB
SOUTHAMPTON
SAFEGUARDING
ADULTS BOARD



HAMPSHIRE
CONSTABULARY

NHS
Hampshire and Isle of Wight


SOUTHAMPTON
CITY COUNCIL

Southampton Safeguarding Adults Board

If you are worried that an adult may be at risk of abuse or harm, contact:

Call: 023 8083 3003 or 023 8023 3344
(outside of normal office hours)



What will happen next?

We will do a number of things which might include:

- Listen, help and support you
- Work with you to stop the abuse and protect you or others from further harm
- Support the person and their carers through the process
- If a crime has been committed, we will work with the police
- Be available to offer support in the future
- If we cannot help, we will find out who can



If an adult is in immediate danger, contact the police by calling **999**.

Find out how to spot the signs and speak out visit:
southampton.gov.uk/speakout