

Family Hub



New Forest Parenting Programme



6-week course for parent/careers with children of 3 – 12 years.

The NFPP Program is designed to help parents whose children are displaying difficulties with their attention who are hyperactive and can be impulsive-these are the feature of ADHD.

Honeysuckle Family Hub

Date: 14 Sep – 19 Oct
Time: 9.30 – 11.30am
Creche Available

Ashby Centre Family Hub

Date: 8 Nov – 13 Dec
Time: 12.30 – 2.30pm
No Creche Available

To book your place please email:

Familyhub@southampton.gov.uk

For more information please contact:
Amy Reid – EPEC Hub Co-ordinator
on 07920 088 499



 @familyhubsouthampton

www.soton.cc/familyhub

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