

Family Hub

Incredible Years



**12-week course for parents/carers of children
1 – 7 years old**

This programme aims to promote positive parenting by supporting parent-child relationships, increasing use of positive strategies, including play, praise and rewards.

Seashell Family Hub

Date: 19 Sep – 12 Dec

Time: 9.30 – 11.30am

Creche Available

To book your place please email:

Familyhub@southampton.gov.uk

For more information please contact:

Caroline Hallett—Referral and Allocation Officer
on 07818588480

 @familyhubsouthampton

www.soton.cc/familyhub

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