

Family Hub



Being a Parent Together



10-week course

For parents and main carers who co-parent their children, aged 2 - 11 years, whether living together or apart, who want to attend a parenting programme together.

Parents want the best for their children, and sometimes it can be hard to agree about how to do this. This course supports parents to come together and explore parenting strategies together.

Online with Zoom

Date: 28 Sep – 7 Dec

Time: 7.30 – 9.30pm

To book your place please email:

Familyhub@southampton.gov.uk

For more information please contact:

Amy Reid – EPEC Hub Co-ordinator
on 07920 088 499



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