**ADHD Communication to GPs**

**Update on Adult ADHD Commissioning Arrangements and Referral Pathways**

The ICB has undertaken a procurement to commission additional adult ADHD capacity to allow timely transition of young adults from Solent CAMHS who are currently being prescribed ADHD medication, and who will require annual medication reviews. This has been commissioned as our existing adult services no longer has the capacity to safely accept Solent CAMHS transition to adulthood cases.

CAMHS have continued to support and not discharge these young adults who are receiving ADHD medication to ensure there is no disruption to medication access.

CAMHS will undertake a medication, mental and physical health review and consideration given to whether medication is still clinically relevant and care and risk plan in place before requesting transfer of care and transition referral to the adult service.

The new adult service will provide a follow-up review between 6-12 months after transition. The new service will contact the young adult to confirm their referral has been accepted, and that they will receive an appointment in due course and who to contact if they need to be seen sooner (in case situations change).

CAMHS transitions typically require one review appointment per year, or a simple increase in medication dose/titration appointment following transition to adult services. However, in the case that a young adult presents in crisis and/or may need sooner and frequent appointments this will also be available from the new adult service for this cohort.

GPs will be supported in their role by rapid access to information and support from the new adult service for this cohort. Any request for information and advice from a GP with responsibility for prescribing will be responded to within 5 working days.

The new adult service for this cohort will take back the prescribing at the GP's request if the patient or dose becomes unstable. The new adult service for this cohort will retain responsibility for prescribing patients who remain chaotic until the range of treatment and management options have been unsuccessful or discounted as clinically inappropriate.

The new service will start and receive referrals from Solent CAMHS from Monday 19th June 2023.

To offer clarity on how the new adult provider fits into the existing pathways, please see below.

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| **Service** | **Referrals Accepted** | **Contact Details** |
| ***New Adult Service***  **PHL Group** | Will only accept NHS referrals directly from Solent CAMHS for transition to adulthood cases for young adults being prescribed ADHD medication at the point of transition.  Will provide follow up for this cohort of adulthood transition cases. | PHL.adhdsouthampton@nhs.net    0333 321 8864 |
| ***Current Adult Service***  **ADHD Clinic**  **Dr Sally Cubbin** | Will only accept NHS ADHD referrals for an ADHD medication review, this will include:   * patients who already have a diagnosis * graduates from CAHMS who want to restart their medication (not taking medication when discharged from CAMHS) * patients who have been started on ADHD medication by another adult ADHD service, who move in Southampton and need a review.   Will continue to provide follow up for existing patients. | Contact as usual:  [sally.cubbin@nhs.net](mailto:sally.cubbin@nhs.net) or  [help@adhdclinic.co.uk](mailto:help@adhdclinic.co.uk) |
| ***Current Adult Service***  **London ADHD Clinic**  **Dr Sri Perecherla** | **Will accept NHS ADHD assessment, this will include:**   * **previously undiagnosed - please apply for IFR funding as usual.**   Will continue to provide follow up for existing patients. | **Contact as usual:**  [info@londonadhdclinic.co.uk](mailto:info@londonadhdclinic.co.uk) |

**If you have any questions or would like to discuss please contact**[**Amanda.Luker@nhs.net**](mailto:Amanda.Luker@nhs.net) **or Zena.Penny@nhs.net**