

MEET NEW PEOPLE

WEEK1 – meet and get to know your new team mates, begin planning for the weeks ahead and start thinking about the personal goals you want to work towards.



TEAM RESIDENTIAL

WEEK2 – from high ropes, to canoeing, to staying away from home - you'll push yourself to overcome your fears and step out of your comfort zone.



SOMETHING TO TALK ABOUT

WEEK 3 – as a team you'll plan a project to benefit your local community and fundraise for it together.



COMMUNITY PROJECT

WEEK4 – transform a garden, park or derelict space, to benefit your local community.



COMMUNITY PROJECT

WEEK 5 – add your creative flare to a community space, this is your chance to make your mark.

YOUR NEXT STEPS

WEEK 6 – create your CV, learn new skills and focus on the next steps you need to take to achieve your goals.

YOUR WORK PLACEMENT

WEEK7 – experience the world of work first hand and try out a career path to see if it's the right one for you.

YOUR WORK PLACEMENT

WEEK 8 – on the second week of your work placement, you will get a reference from your place of work to transform your CV.



PLAN FOR THE FUTURE

WEEK 9 – develop your CV, gain confidence with mock interviews and experience world of work talks with a variety of employers.

FUNDRAISING AND PLANNING

WEEK 10 – work together to plan, fundraise and budget for your team challenge.



THE TEAM CHALLENGE

WEEK 11 – work with different groups of the community, in a new environment, using skills you've developed during the programme.

LET'S CELEBRATE

WEEK 12 – celebrate how far you've come and what you've achieved in just 12 weeks!





It was the best experience of my life. I learnt a lot, built new skills and overcame barriers. Without the Team programme I would still be stuck in my bedroom. **Jade, 18**

JOIN OUR PERSONAL DEVELOPMENT, TEAM PROGRAMME TODAY! TEXT 'TEAM' TO 07918 887897

OF OUR YOUNG PEOPLE WOULD RECOMMEND TEAM PROGRAMME



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CHANGE YOUR LIFE IN 12 WEEKS







