

New Forest Parenting Programme

6 week course

For parent/careers with children of 5-12 years

The NFPP Program is designed to help parents whose children are displaying difficulties with their attention who are hyperactive and can be impulsive-these are the feature of ADHD. It is specifically designed to target these difficulties.

Swaythling Surestart/
Family Hub

20th April to 25th May

Time: 9.30-11.30am



Townhill Surestart/
Family Hub

8th June to 13th July

Time: 9.30-11.30am

FREE crèche available

For more information please contact:

familyhub@southampton.gov.uk

Or Call Caroline on 07818 588 480

How to book your place please:

Check out our WEBPAGE:

<https://www.southampton.gov.uk/familyhubs>

where you will find everything you need to know about our Family Hubs including What's on, our parenting courses and referral form. (Click what's on tab)



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