

Busy People

The results of our annual health
check survey

October 2022



What we found out...



51 people answered our survey.
Most people (78%) think their GP surgery knows about their learning disability.

● Yes, I do	40
● No, I don't	6
● I am not sure	5



The chart shows us that 6 people think their surgery doesn't know.
5 people are not sure.



Most people (69%) know they can have an annual health check.



2. Did you know you can have an Annual Health Check once a year?

● Yes	35
● No	11
● I am not sure	5



**11 people, or 22%, did not know about this.
5 people were not sure.**



28 people (or 55%) said they had been invited for a health check in the last year.



3. Have you been asked to go to an Annual Health Check in the last 12 months?

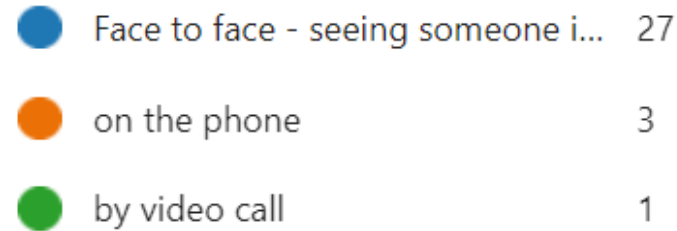
Yes	28
No	17
I am not sure	6



17 people, or 33%, said they had not been invited.

31 people answered this question.

4. How was your Annual Health Check done?



88% or 27 of those people said they saw someone face to face for their health check.

3 health checks were done on the phone.




1 happened by video call.



27 people said they had a good quality health check.

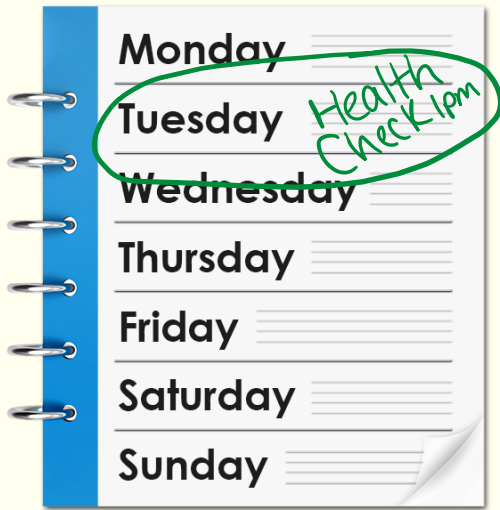


5. Do you think it was a good quality annual health check?

	Yes, I do	27
	No, I don't	1
	I am not sure	5



**Only 1 person said it was not good quality.
The other 5 people said they were not sure.**



7. Who usually sorts out your appointment for your annual health check?

Me	2
my support staff help	30
my family help	19



Support staff help most people to make an appointment.



2 people told us they do it on their own.

19 people said their family helps.








22 people said they had the choice to speak to someone in private.



8. Did you have the choice to speak privately with someone at your health check if you wanted to?

	Yes, I did	22
	No, I did not	21
	I am not sure	7



Nearly the same amount of people told us they did not have that choice.

23 people who were invited to a health check got an action plan from it.



9. Did you get a Health Action Plan from your last Annual Health Check?

<input checked="" type="radio"/>	Yes, I did	23
<input type="radio"/>	No, I did not	22
<input type="radio"/>	I am not sure	5



This tells us that 80% of people who have a health check get an action plan from it.

Busy People



11. Do you want to know more about Busy People?

You might want to:

- get involved at our meetings
- share our work with your groups

	Yes please	18
	No thank you	29



This survey helped us to make new links with people. We are pleased to know that 18 people want to be more involved in our future work.

**What we think
these answers mean**



We found that the same number of people who had a face to face appointment said it was good quality.



We think this is important for most people. Annual health checks should be done face to face as much as they can.



From the people who said it was not a good health check – only 2 said they could speak to someone in private.

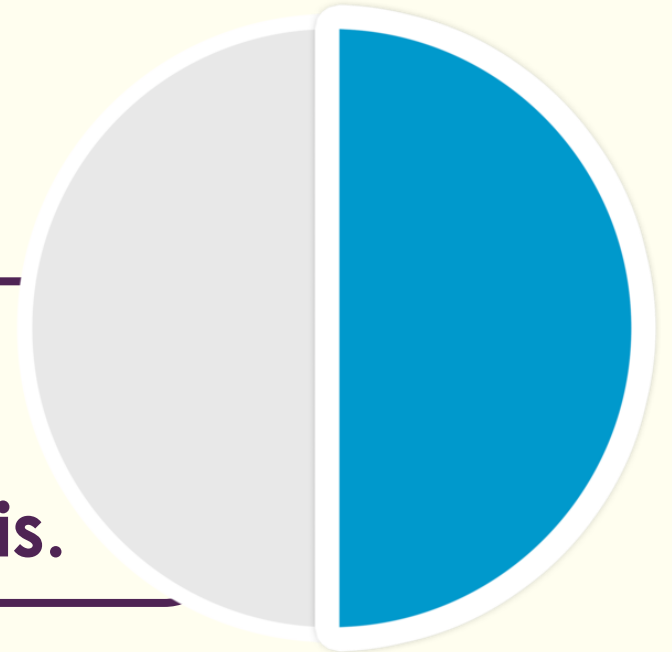


This tells us that having the chance to speak privately with someone is part of what makes a good health check.



15 out of 27 people who had a good health check also said they got an action plan.

This is about half.
We think training would help health staff to remember to do this.





**There were lots of different GP surgeries that gave good quality health checks, with action plans.
This is good news!**

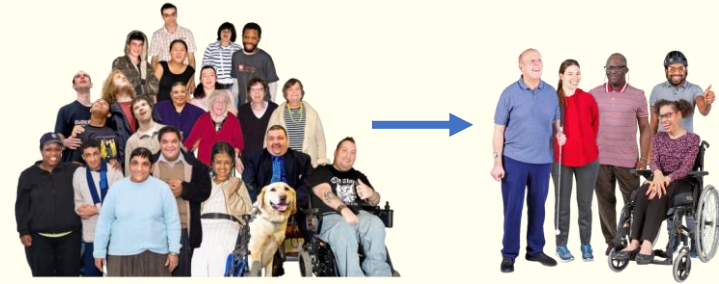


7 out of 22 who did not get an action plan told us they use the same GP surgery.

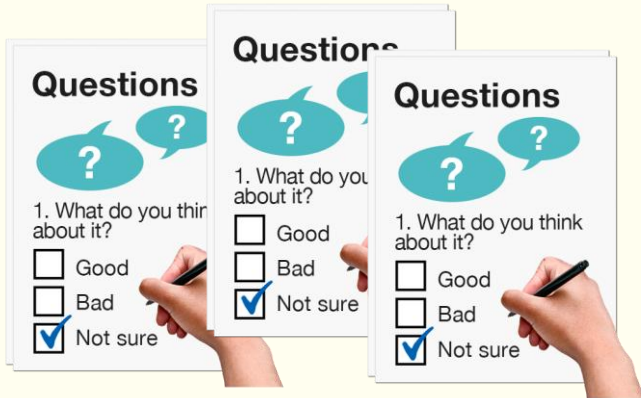


The doctors there might need some training to make things better. We think people with learning disabilities should help with the training.

Things we need to be aware of...



Our survey reached a small portion of people with learning disabilities in Southampton.



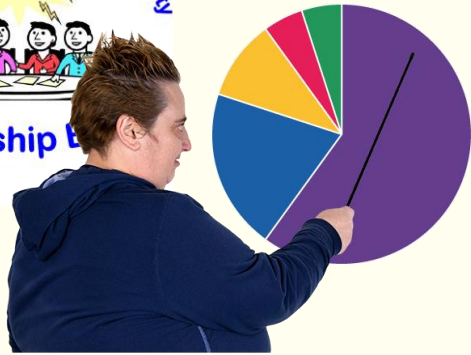
There was no way to tell if someone done the survey more than once.



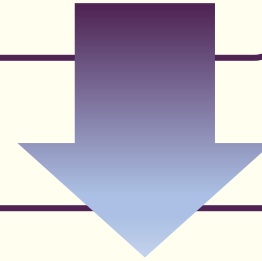
Because of this it might not show the true, whole, picture.

**What will we do
with this information now?**

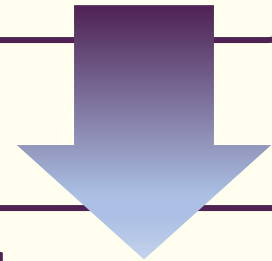




**We will present these findings
to the Learning Disability
Partnership Board.**



**We will also share them with
our NHS friends in Southern
Health and Solent Trust.**



**We hope it might give people
some good ideas about how
to make things better.**

**We will make sure we
stay in contact with the
new people and
organisations we have
made links with.**

**We hope our work can
reach more and more
people!**





if you...

- filled our survey in
- shared our survey with others
- listened to what we learned from it

Let's stay in touch!