**Southampton Steps to Wellbeing (IAPT Service) GP Liaison Link Workers June 2022**

Southampton Steps to Wellbeing (SSTW) has a dedicated GP Liaison Link Worker for every GP Surgery across the City, regardless of whether the link worker is based in the GP surgery. The ongoing expansion of our Long-term Health Conditions (LTHC) specialist clinicians means that most of our Link Workers have all received the national IAPT-LTHC training, so they are cognisant of the latest developments and treatments that the service provides for patients affected by Depression & Anxiety and Physical LTHCs.

**The Link Worker role involves:**

* Supporting positive working relationships between SSTW, GPs and Practice staff.
* Providing a liaison function with GP surgeries i.e., a named point of contact for each Practice for routine enquiries and problem solving regarding SSTW.
* Providing referral criteria and information about treatment options; supporting staff training needs for each surgery and making themselves available to attend MDTs when needed.
* Making links with the other allied health professionals at the surgeries including Primary Care Mental Health Practitioners, Health and Wellbeing Coaches, Social Prescribers, Peer Support Workers etc
* Giving feedback on service statistics to the Practice at agreed intervals, if requested. These may include referral numbers, outcomes of assessment, treatment outcomes and patient satisfaction.
* Maintaining the surgery’s supplies of posters and leaflets, ensuring the most up-to-date versions are displayed and distributed to the Practice staff.
* Taking any queries or concerns back to their team, their Locality Manager, the Senior Clinical Lead or to the wider Trust as appropriate.

**Referrals**

GP Liaison Link Workers cannot be expected to process referrals. Referrals can be made:

**By GPs and Healthcare professionals** - using our Referral Form on our website or this link - <https://gateway.mayden.co.uk/referral-v2/75de7be7-dc11-4085-a843-c9e2387b6234>

**By the Patient –** by phone to 02380 272000 or 0800 6127000; OR patient web referral form – on our website <https://www.steps2wellbeing.co.uk>

**Direct Bookable Clinics –** where clinicians are working in a GP surgery, we can provide a weekly assessment clinic that enables GPs to directly book patients for assessment with our clinicians. These clinics are to be set up & agreed with the surgery for specific patient profiles.

If you have any queries, please do not hesitate to get in touch with either Liz or one of our Locality Managers

**Liz Doyle.** Email: [liz.doyle@nhs.net](mailto:liz.doyle@nhs.net)  **Emma Spencer** Email: [e.spencer@nhs.net](mailto:e.spencer@nhs.net)  
**SSTW Senior Clinical Lead & Service Manager SSTW Central Locality Manager**

**Matt Mills** Email: [matthew.mills7@nhs.net](mailto:matthew.mills7@nhs.net) **Gabi Cook** Email: [gabriele.cook1@nhs.net](mailto:gabriele.cook1@nhs.net)  
**SSTW West Locality Manager SSTW East Locality Manager (interim)**

**Southampton Steps to Wellbeing Service (IAPT)**  
3rd Floor Grenville House  
Nelson Gate, Southampton SO15 1GX   
**Steps to Wellbeing** Office Tel: 02380 272000 Email: [dhc.sstw@nhs.net](mailto:dhc.sstw@nhs.net)

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| **GP SURGERY**  (listed in Regions) | **SSTW Clinician &  Link worker** | **Link Worker Email Address** |
| **SSTW WEST LOCALITY** |  |  |
| **WEST PCN** |  |  |
| Aldermoor Surgery | Sophie Hardy | [sophie.hardy@nhs.net](mailto:sophie.hardy@nhs.net) |
| Atherley House | Jayne Roylance | [jayneroylance@nhs.net](mailto:jayneroylance@nhs.net) |
| Brook House | Frances Hodgson | [Frances.Hodgson@nhs.net](mailto:Frances.Hodgson@nhs.net) |
| Cheviot Road Surgery | Michelle Gray | [michelle.gray24@nhs.net](mailto:michelle.gray24@nhs.net) |
| Shirley Avenue Surgery | Michelle Gray | [michelle.gray24@nhs.net](mailto:michelle.gray24@nhs.net) |
| Shirley Health Partnership  (Grove Medical Practice) | Holly Croucher | [holly.croucher@nhs.net](mailto:holly.croucher@nhs.net) |
| Hill Lane Surgery | Matt Mills | [matthew.mills7@nhs.net](mailto:matthew.mills7@nhs.net) |
| Lordshill Health Centre | Sophie Hardy | [sophie.hardy@nhs.net](mailto:sophie.hardy@nhs.net) |
| Raymond Road Surgery | Kelly Gear | [kelly.gear@nhs.net](mailto:kelly.gear@nhs.net) |
| Victor Street Surgery | Beccy Griffiths | [beccy.griffiths@nhs.net](mailto:beccy.griffiths@nhs.net) |
| Adelaide Health Centre (Solent GP Surgery Practices - below). | Jamie Pratt | [jamie.pratt@nhs.net](mailto:jamie.pratt@nhs.net) |
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| **SSTW CENTRAL LOCALITY** |  |  |
| **NORTH PCN** |  |  |
| Burgess Road | Sue Clark | [Sue.clark3@nhs.net](mailto:Sue.clark3@nhs.net) |
| Highfield Health | Rachel Mackinder | [rachel.mackinder@nhs.net](mailto:rachel.mackinder@nhs.net) |
| Stoneham Lane | Alice Westbury | [Alice.westbury@nhs.net](mailto:Alice.westbury@nhs.net) |
| University Health Service Building 48 | Hettie Jones | [Hettie.jones1@nhs.net](mailto:Hettie.jones1@nhs.net) |
| **CENTRAL PCN** |  |  |
| Alma Road | Gina Gardner | [georgina.gardner2@nhs.net](mailto:georgina.gardner2@nhs.net) |
| Walnut Tree Surgery | Tim Conway | [Tim.Conway@nhs.net](mailto:Tim.Conway@nhs.net) |
| Homeless Healthcare | Emma Spencer | [e.spencer@nhs.net](mailto:e.spencer@nhs.net) |

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| Portswood Solent (Solent GP Surgery Practices) | Sue Clark | [Sue.clark3@nhs.net](mailto:Sue.clark3@nhs.net) |
| Nicholstown Surgery (Solent GP Surgery Practices) | Emma Spencer | [e.spencer@nhs.net](mailto:e.spencer@nhs.net) |
| St Deny’s and Mulberry House Surgery | Holly Stokes | [holly.stokes3@nhs.net](mailto:holly.stokes3@nhs.net) |
| St Marys Surgery and Telephone House branch surgery | Mersini Moschoudi | [mersini.moschoudi@nhs.net](mailto:mersini.moschoudi@nhs.net) |
| **SSTW EAST LOCALITY** |  |  |
| **BITTERNE PCN** |  |  |
| Peartree Practice - Bitterne Surgery (Chessel Avenue) | Lucy McGivern | [lucy.mcgivern@nhs.net](mailto:lucy.mcgivern@nhs.net) |
| Peartree Practice - Chessel Practice (Sullivan Road) | Lucy McGivern | [lucy.mcgivern@nhs.net](mailto:lucy.mcgivern@nhs.net) |
| Thornhill Surgery (Pepys Avenue) | Chloe Richards | [chloe.richards3@nhs.net](mailto:chloe.richards3@nhs.net) |
| West End Road, Bitterne Surgery | Chloe Richards | [chloe.richards3@nhs.net](mailto:chloe.richards3@nhs.net) |
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| **WOOLSTON AND TOWNHILL PCN** |  |  |
| St Peters Surgery | Gabi Cook | [Gabriele.cook1@nhs.net](mailto:Gabriele.cook1@nhs.net) |
| Old Fire Station Surgery | Keith Das | [Keith.das@nhs.net](mailto:Keith.das@nhs.net) |
| Townhill Surgery | Heather Bishop | [heatherbishop@nhs.net](mailto:heatherbishop@nhs.net) |
| Woolston Lodge | Precious Lewis | [Precious.lewis@nhs.net](mailto:Precious.lewis@nhs.net) |
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| **LIVING WELL PCN** |  |  |
| Weston Lane (Livingwell Partnership) | Gabi Cook | [Gabriele.cook1@nhs.net](mailto:Gabriele.cook1@nhs.net) |
| Bitterne Park Surgery (Livingwell Partnership) | Diz Barton | [DIZ.BARTON@nhs.net](mailto:DIZ.BARTON@nhs.net) |
| Harefield Surgery (Livingwell Partnership) | Keith Das | [keith.das@nhs.net](mailto:keith.das@nhs.net) |
| Ladies Walk (Living Well Partnership) | Dave Fitzwater | [D.Fitzwater@nhs.net](mailto:D.Fitzwater@nhs.net) |
| Midanbury (Living Well Partnership) | Dave Fitzwater | [D.Fitzwater@nhs.net](mailto:D.Fitzwater@nhs.net) |