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| |  |  | | --- | --- | | |  | | --- | |  | |      |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **Issue 53 | 24 June 2022** | | |      |  |  | | --- | --- | | |  | | --- | | A person wearing glasses  Description automatically generated with low confidenceDear colleagues,  Primary Care has been under huge strain since before the pandemic. The negative effects on ourselves over time, exacerbated by the pandemic, are undeniable. There have been well publicised media campaigns and episodes of abuse directed against practices as well as increasing workload. We have all seen our clinical, managerial and administrative colleagues struggling at various times.  Looking after ourselves as well as our patients is vital, and it is important to reach out for help without fear.  The ICS has introduced a range of NHSE funded wellbeing initiatives available to Primary Care and these are all outlined on HIOW ICS [People Portal](http://www.hiowpeople.nhs.uk/ccc/hiow).  I would like to highlight the Employee Assistant Program (EAP) provided by Health Assured.  EAP is available to every person working in primary care without referral and is free of charge. It provides confidential, individual advice and support for both work and home related difficulties, including stress and anxiety, counselling, financial concerns, and family worries. No topic is off limits.  Information and posters have been circulated to Practices and these are also available to download on [Dropbox](https://www.dropbox.com/sh/y6iwkk2k6ls4zy4/AAC2Ro8je1MAdFK4d7Ha_i1Da?dl=0).  Thank you  Andy  **Dr Andy Whitfield, clinical lead ICS Primary Care Workforce Programme** | | |
| |  |  | | --- | --- | | |  | | --- | |  | |      |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **Contents**    **For action**   * [Measles update](#x_Measles) * [Last week for GP practices to sign up to iPlato Video Consultations](#x_iPlato) * [Latest Monkeypox updates and documents - including management of cases](#x_Monkeypox) * [Poliovirus detected in sewage from North and East London](#x_poliovirus) * [Wellfest - still time to register for tickets](#x_Wellfest)   **Resources and training**   * [Free Personalised Care training for health and social care](#x_Personalised_Care) * [Cardiovascular Disease Management in Primary Care webinar - 6 July](#x_Cardiovascular_disease) * [Invite for EMIS Web Practice Managers - EMIS Web User Group 14 July](#x_EMIS) * [Does your practice teach medical students? Primary Care Teachers Workshop](#x_Teaching) * [How to submit a story for the bulletin - we want your news!](#x_bulletin)   **For information - quick links**   * [Supporting Allied Health Professionals, Nurses and Midwives, Pharmacists and Pharmacy Technicians to Return to Practice](https://covidgpportal.hiowccgpartnership.nhs.uk/index.php?option=com_docman&view=download&alias=2538-return-to-practice-flyer-1-july&category_slug=training-and-how-to-guides&Itemid=238) - 1 July event * [Latest Prescribing and Medicines Optimisation Bulletin - no. 71](https://gp-portal.westhampshireccg.nhs.uk/wp-content/uploads/2022/06/Meds-Opt-Bulletin-71-1.pdf) * [Update to accelerating patient access to their GP-held records](https://generalpracticebulletin.cmail19.com/t/ViewEmail/d/1CBED3789028432F2540EF23F30FEDED/BD51652B5BA186A50B3A73003FEB3522?alternativeLink=False) - update from NHS England * [Research study to understand marginalised groups access to primary care](https://redcap.idhs.ucl.ac.uk/surveys/?s=XC7KAWMR3KNPAWPW) - 5 minute survey | | |      |  |  | | --- | --- | | |  | | --- | |  | |      |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **Measles update** | | |      |  |  |  | | --- | --- | --- | | |  | | --- | |  | | There have been confirmed cases of measles in the South East and while there have not been any cases identified in Hampshire, we would like to take this opportunity share the following reminders:   * Please maximise every opportunity to ensure patients are fully immunised with two doses of MMR. * Patients with possible measles (a rash and a fever) should be isolated from communal waiting areas to protect other patients – make sure reception staff are aware of this. * All healthcare staff, including receptionists, should be fully protected against measles; vaccinate if uncertain. * All suspected measles should be notified asap, to UKHSA on **0344 225 3861**, or out of hours on **0844 967 0069** * Suspected cases must be excluded from school, nursery or work for four days after the onset of rash.   Please display and use the leaflets and posters and the following links to promote MMR vaccination and to raise awareness of measles:   * <https://www.gov.uk/government/publications/mmr-for-all-general-leaflet> * <https://www.gov.uk/government/publications/measles-dont-let-your-child-catch-it-poster> * <https://www.gov.uk/government/publications/think-measles-patient-leaflet-for-young-people> * <https://www.gov.uk/government/publications/think-measles-poster-for-young-people> * <https://www.gov.uk/government/publications/measles-dont-let-your-child-catch-it-flyer-for-gps> * <https://www.gov.uk/government/publications/measles-dont-let-your-child-catch-it-flyer-for-schools>   Early symptoms to look out for include:   * High **fever,** typically increases during the prodromal phase and peaks (>39oC) around the rash onset * **Coryzal** symptoms (**cough**, **cold, or runny nose**) * Red and watery eyes or **conjunctivitis** * **Koplik spots** (small red spots with bluish-white centre) on buccal mucosa may appear around the time of the rash, sometimes one day before, and last for two to three days after the rash appears. However these are often not seen on diagnosis.   Later symptoms:   * Characteristic red/brown blotchy **maculopapular (non-vesicular) rash** (appears 3-4 days after initial symptom onset). The typical rash is non-itchy, starts on the face and upper neck behind the ears, then spreads across the trunk and limbs eventually reaching the hands and feet.   [https://www.nhs.uk/conditions/measles/symptoms](https://www.nhs.uk/conditions/measles/symptoms/) | |      |  |  | | --- | --- | | |  | | --- | |  | |      |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **Last week for GP practices to sign up to iPlato Video Consultations** | | |      |  |  |  | | --- | --- | --- | | |  | | --- | |  | | If you haven’t yet signed up for your video consultation password, please do so immediately at [www.iplato.com/connect](http://www.iplato.com/connect). It takes three to five minutes after which iPlato will send you your login.   Please make sure that your practice manager or IT lead has signed up. EMiS practices will need to make small changes to the EMAS manager. Please use our easy to follow guide [here](https://covidgpportal.hiowccgpartnership.nhs.uk/index.php?option=com_docman&view=download&alias=2524-video-consultations-frequently-asked-questions-v4-3&category_slug=training-and-how-to-guides&Itemid=238).   The training for the system is available here <https://mygptraining.setmore.com/bookclass> We hold two sessions a day at different times to ensure everyone can attend and questions can be directed to [training@iplato.com](mailto:training@iplato.com).   Should you experience any issues you can contact iPlato Support at [help@iplato.com](mailto:help@iplato.com), or by calling 0203 743 0060 option 1.   Alternatively, you can [view our frequently asked questions guide here](https://covidgpportal.hiowccgpartnership.nhs.uk/index.php?option=com_docman&view=download&alias=2533-video-consultations-frequently-asked-questions-v5&category_slug=training-and-how-to-guides&Itemid=238).  **Access to AccuRx Video Consultations will be removed on Thursday 30 June** so it is important that practices that have not already done so sign-up ASAP.   For more information you can contact the project team via email: [hsiccg.hiowocvcprocurement@nhs.net](mailto:hsiccg.hiowocvcprocurement@nhs.net) | |      |  |  | | --- | --- | | |  | | --- | |  | |      |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **Latest Monkeypox updates and documents** | | |      |  |  |  | | --- | --- | --- | | |  | | --- | |  | | Updated guidance has been published in relation to the management of positive [cases of monkeypox](https://www.gov.uk/government/news/monkeypox-cases-confirmed-in-england-latest-updates) as well as new guidance on virtual management. This will be added to NHS website (<https://www.england.nhs.uk/publication/monkeypox/>) shortly.   You will be aware that there are now several hundred confirmed cases of monkeypox in the UK. Whilst these are mostly in London, increasing numbers are being confirmed in other parts of the country.   It is clear that most individuals do not require hospital admission and [a risk stratification tool](https://www.england.nhs.uk/publication/monkeypox/) has been developed to identify those needing access to a bed in an infectious disease unit, whether because of clinical need or because they have vulnerable members of the household who are unable to relocate for the period of the patient’s self-isolation. This approach has been described in the [guidance on management of laboratory confirmed monkeypox cases](https://www.england.nhs.uk/publication/monkeypox/).  In order to transition to a safe and more sustainable ‘business as usual’ model, the following changes are now required. After taking a sample to be tested for monkeypox, if hospital admission is not required, the responsible clinician should advise the patient to self-isolate at home and give instructions on what to do if problems arise before the result is available. Importantly, the responsible clinician should clearly indicate the urgency of the test on the sample request and give details of an appropriate out of hours point of contact who can take forward any necessary action if UKHSA laboratories report a positive test result.   After diagnostic confirmation of monkeypox, the referring clinician should make an assessment of the patient using the risk stratification tool and take actions according to the risk group, as follows:   * Group A - patient with features of severe infection or infection in a vulnerable person. The responsible clinician should immediately complete the template, found in [Appendix C of document B1754](https://www.england.nhs.uk/wp-content/uploads/2022/06/B1754_monkeypox-risk-stratification-tool_V2.pdf) , and return to the National Operations Centre ([england.incident12@nhs.net](mailto:england.incident12@nhs.net)) for discussion at the High Consequence Infectious Diseases (HCID) Network daily call.  The responsible clinician will be invited to join the HCID network meeting to discuss potential admission to one of the five HCID units. The meeting is held daily at 11am but arrangements can also be made for urgent admission at other times if essential by contacting the EPRR Duty Officer on 0333 200 5022 and request that ‘NHS05’ call back (give name and contact number). * Group B - patient presents a potential risk to vulnerable household members (e.g. children, pregnant women, immunosuppressed hosts) and other clinical reasons requiring hospitalisation. If alternate living arrangements cannot be arranged, the responsible clinician should discuss directly with the local Specialist Regional Infectious Diseases Centre (SRIDC) to agree patient admission for isolation purposes.\* Note, every SRIDC will have a designated link to an HCID-a unit for 24/7 access to clinical advice but the aim will be to reserve sufficient HCID beds for severe cases (Group A). * Group C - patient at lowest risk who is able to isolate at home. Guidance for [the virtual management of positive monkeypox cases](https://www.england.nhs.uk/publication/monkeypox/) has been published. Patients will be monitored at home and if there is a change of social circumstances or concerning clinical deterioration, as outlined above, the responsible clinician should make direct contact the local SRIDC or HCID-a network (via NHS EPPR) respectively. | |      |  |  | | --- | --- | | |  | | --- | |  | |      |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **Poliovirus detected in sewage from North and East London** | | |      |  |  | | --- | --- | | |  | | --- | | The UK Health Security Agency (UKHSA) working with the Medicines and Healthcare products Regulatory Agency (MHRA), has found poliovirus in sewage samples collected from the London Beckton Sewage Treatment Works.  As part of routine surveillance, it is normal for one to three ‘vaccine-like’ polioviruses to be detected each year in UK sewage samples but these have always been one-off findings that were not detected again. These previous detections occurred when an individual vaccinated overseas with the live oral polio vaccine (OPV) returned or travelled to the UK and briefly ‘shed’ traces of the vaccine-like poliovirus in their faeces.  Investigations are underway after several closely-related viruses were found in sewage samples taken between February and May. The virus has continued to evolve and is now classified as a ‘vaccine-derived’ poliovirus type 2 (VDPV2), which on rare occasions can cause serious illness, such as paralysis, in people who are not fully vaccinated. [The public are being urged to ensure polio vaccines are up to date](https://www.gov.uk/government/news/poliovirus-detected-in-sewage-from-north-and-east-london), especially parents of young children who may have missed an immunisation opportunity. | |      |  |  | | --- | --- | | |  | | --- | |  | |      |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **Wellfest - still time to register for tickets** | | |      |  |  |  | | --- | --- | --- | | |  | | --- | |  | | Tickets are still available for Wellfest, hosted by the Hampshire and Isle of Wight Integrated Care System (ICS)  from 4 to 6 July at Itchen Valley County Park. The last 20 months has been hard for everyone – especially those working in the NHS. The ICS is hosting this three-day event to help improve and support the social, physical, and mental wellbeing of colleagues.  Each organisation has been allocated a number of tickets and in primary care we have been given 200 free tickets for people to apply for. When applying please say which date you wish to attend, register with your work email address and select that you are requesting a primary care ticket.  Please [visit this link](https://forms.office.com/r/9GGfpjNbbw) to request your ticket. When requests close, you will receive a confirmation email with more details. | |      |  |  | | --- | --- | | |  | | --- | |  | |      |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **Free Personalised Care training for health and social care** | | |      |  |  |  | | --- | --- | --- | | |  | | --- | |  | | Do you work within a team that would like to be involved in a training programme, to support your service to deliver more personalised care?  There are many benefits to delivering personalised care, for people who receive services, for staff who deliver care and for services themselves. The Wessex Activation, Self-Management and Personalisation (WASP) programme, have two training options for health and social care teams in Hampshire:   * [The Fundamentals Programme](https://covidgpportal.hiowccgpartnership.nhs.uk/index.php?option=com_docman&view=download&alias=2540-the-fundamentals-of-personalised-care&category_slug=training-and-how-to-guides&Itemid=238) provides an overview of all aspects of personalised care * [The Shared Decision-Making Programme](https://covidgpportal.hiowccgpartnership.nhs.uk/index.php?option=com_docman&view=download&alias=2541-advanced-programme-shared-decision-making&category_slug=training-and-how-to-guides&Itemid=238) provides a deeper dive into this aspect of personalised care   The training is suitable for a minimum of six participants working within a PCN (including non-Clinical and ARRs) and Multi-Disciplinary Teams working across organisations to provide an integrated approach. Both programmes run for 12 weeks, are delivered online, and involve an analysis of personalised care in your service, which involves questionnaire completion.  If you would like more information about either programme, or wish to join a programme, follow the links above or get in touch with [wasp@soton.ac.uk](mailto:wasp@soton.ac.uk). | |      |  |  | | --- | --- | | |  | | --- | |  | |      |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **Cardiovascular disease management webinar - 6 July** | | |      |  |  |  | | --- | --- | --- | | |  | | --- | |  | | We welcome you to the second of three webinars over the summer to cover key areas of the Cardiovascular Disease prevention agenda. The second webinar will cover **Edoxaban and Preventing Stroke in Atrial Fibrillation - Wednesday 6 July 1 to 2pm.**  These sessions are intended to be for all members of the practice, PCN or CCG Medicines Optimisation teams involved in cardiovascular care including GPs, Practice Nurses, Pharmacy Professionals, Healthcare Assistants, Health and Wellbeing Coaches, Social Prescribers, Paramedics and Administrators. [Find out more and register to attend](https://covidgpportal.hiowccgpartnership.nhs.uk/index.php?option=com_docman&view=download&alias=2539-cardiovascular-disease-management-webinar-6-july&category_slug=training-and-how-to-guides&Itemid=238). | |      |  |  | | --- | --- | | |  | | --- | |  | |      |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **EMIS Web User Group - 14 July** | | |      |  |  |  | | --- | --- | --- | | |  | | --- | |  | | EMIS Web practices Practice Managers and/or representatives are invited to attend the Hampshire, Southampton and Isle of Wight EMIS Web User Groups.  The first meeting is scheduled for **Thursday 14 July** **11.30am to 12.30pm**, with the view that these will be held every three months.  The EMIS account manager will be in attendance and provide an update for practices on both current and up and coming functionality in EMIS. The groups will also provide the opportunity for practices to provide feedback and ask any questions they may have directly to an EMIS representative. The content of future meetings will be guided by practices to ensure that it is both relevant and beneficial.  If anyone has any suggestions or agenda items they would like to add, please feel free to forward them to: [Lisa Whattam](mailto:l.whattam@nhs.net), Clinical Systems Training Manager Arden and GEM CSU.  You can access the User Group Meeting on Thursday 14 July 11.30am to 12.30pm via the link below: [Click here to join the meeting](https://teams.microsoft.com/l/meetup-join/19%3ameeting_N2I0MzFhNTEtNjc5MS00NDY1LThiYzQtMTNkM2YyZmIxMjAw%40thread.v2/0?context=%7b%22Tid%22%3a%2237c354b2-85b0-47f5-b222-07b48d774ee3%22%2c%22Oid%22%3a%2258425392-8a40-4646-bb82-f59efd28a060%22%7d). | |      |  |  | | --- | --- | | |  | | --- | |  | |      |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **Teaching medical students - new primary care teachers workshop** | | |      |  |  |  | | --- | --- | --- | | |  | | --- | |  | | Does your practice teach medical students? Have you wanted to know what the University of Southampton does to promote primary care as a career? Would you like to know more and develop your teaching skills? If you are a GP yourself, or an allied health professional in primary care and are interested in teaching medical students, sign up to the New [Primary Care Teachers workshop](https://store.southampton.ac.uk/short-courses/faculty-of-medicine/courses/new-primary-care-teachers-workshop-virtual).  We look forward to supporting you, support our future doctors. | |      |  |  | | --- | --- | | |  | | --- | |  | |      |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **How to submit a story for the bulletin - we want your news!** | | |      |  |  |  | | --- | --- | --- | | |  | | --- | |  | | If you have any content you would like to see included in Primary Care Connect then we would love to hear from you.   When you submit a story please provide the following:   * **A short headline** * **A few paragraphs to say what the story is** * **Clearly include any links or documents that accompany the piece** * **A suitable image or a suggestion of the type of image to go with the piece**   Deadline for content is **midday on Tuesday**. Items submitted after this will be considered as to whether it needs to be included in the following day's bulletin, or if it can be held for an extra week.  Please send content to [hsiccg.gpportal@nhs.net](mailto:hsiccg.gpportal@nhs.net%C2%A0) | |      |  |  | | --- | --- | | |  | | --- | |  | |      |  |  | | --- | --- | | |  | | --- | | [**Primary Care Connect Portal**](https://covidgpportal.hiowccgpartnership.nhs.uk/) | |      |  |  | | --- | --- | | |  | | --- | | [**Wessex LMC**](https://www.wessexlmcs.com/) | |      |  |  | | --- | --- | | |  | | --- | | [**NHS England bulletin**](https://www.england.nhs.uk/email-bulletins/primary-care-bulletin/) | |      |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [Facebook](https://www.facebook.com/HIOWICS) | | |      |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [Twitter](https://twitter.com/HIOW_CCGs) | | |      |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [Website](https://www.hampshiresouthamptonandisleofwightccg.nhs.uk/) | | |      |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [Email](mailto:hsiccg.gpportal@nhs.net) | | |      |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [Instagram](https://us13.admin.mailchimp.com/campaigns/@hiow_ics) | | | | | | |      |  |  | | --- | --- | | |  | | --- | | *Copyright © 2021 Hampshire, Southampton and Isle of Wight Clinical Commissioning Group, All rights reserved.*  **To subscribe to this newsletter:** [hsiccg.gpportal@nhs.net](mailto:hsiccg.gpportal@nhs.net%C2%A0)  If you no longer wish to receive this newsletter, you can [unsubscribe from this list](https://nhs.us13.list-manage.com/unsubscribe?u=bde5d66c718bc5844d48b568e&id=6f3dcf5b47&e=%5bUNIQID%5d&c=de80c7c60e). | | |