



# DRAWING COMPETITION

Raising awareness around young carers

**YOUNG CARERS ACTION DAY: MARCH 16**

To promote awareness around young carers, Solent NHS Trust's Community Engagement Team are hosting a drawing competition.

**THE THEME IS: WHAT DOES CARING MEAN TO YOU?**

Four categories

**Category 1**

Year 4 - Year 7  
young carer

**Category 2**

Year 4 - Year 7  
non-carer

**Category 3**

Year 8 - Year 11  
young carer

**Category 4**

Year 8 - Year 11  
non-carer

Awesome prizes up for grabs. There are no rules, use whatever tools to make your drawing, crayons, pencils, paint, the choice is yours. Send your drawing to our Community Engagement team no later than March 10 by [email: ceet@solent.nhs.uk](mailto:ceet@solent.nhs.uk) or [WhatsApp 078 258 43380](https://www.whatsapp.com/business/profile/07825843380) with subject line: Young Carers Action Day. Winners will be announced on March 16. We will pick one winner and two runner-ups in each category. The winner of each category will win a £25 voucher and the runner ups will each receive a £10 voucher.

Young carers are children under 18 who help to look after a relative with a disability, illness, mental health condition, or drug or alcohol problem.

Let's stand together to support young carers #WeCare

**GREAT PRIZES TO BE WON**

Feel free to use your own paper, or one attached, just add your name, category, email address or other contact

**CLOSING  
DATE:  
10 MARCH**

Name: \_\_\_\_\_ Category: \_\_\_\_\_ Email or number: \_\_\_\_\_