

# Southern Health Continence Appliance Formulary 2019

The Purpose of the evidence-based Continence formulary is to provide a list of urinary products that can be used for the majority of patients. The formulary will be updated annually to reflect innovations in practice and new, evaluated products.

A comprehensive continence assessment is required before considering any continence appliance; the emphasis should be on appropriate treatment. Product selection should be made to meet patient needs on an individual basis.

## Catheters

- Indwelling urinary catheterisation must be only undertaken as the last resort after all other alternatives have been considered due to the increased risk of catheter acquired urinary tract infection (CAUTI).
- Wherever possible use smallest gauge catheter 12-14ch for urethral use. Use larger gauge 16ch for supra-pubic use.

Product type	Choice	code	Price
<b>Catheters – Silicone</b> <b><i>Long term Use – 100% Silicone Latex Free</i></b> Designed to remain in situ for up to 12 weeks. Supplied with a pre-filled syringe of Glycerine for balloon inflation and an empty syringe for balloon deflation. Lubricant included with	<b><u>Standard Length (Male) – Doesn't need Gel as included</u></b>		
	Linc All Silicone Catheter with UniBal 5ml Balloon, Glycerine filled & empty syringe and Lidocaine & Chlorhexidine syringe for lubrication, <b>Male 12ch Standard 5ml</b>	08501205G	£ 5.57
	Linc All Silicone Catheter with UniBal 5ml Balloon, Glycerine filled & empty syringe and Lidocaine & Chlorhexidine syringe for lubrication, <b>Male 14ch Standard 5ml</b>	08501405W	£ 5.57
	Linc All Silicone Catheter with UniBal 10ml Balloon, Glycerine filled & empty syringe and Lidocaine & Chlorhexidine syringe for lubrication, <b>Male 16ch Standard 5-10ml</b>	085016105G	£ 5.57
	Linc All Silicone Catheter with UniBal 10ml Balloon, Glycerine filled & empty syringe and Lidocaine & Chlorhexidine syringe for lubrication, <b>Male 18ch Standard 5-10ml</b>	08501810G	£ 5.57

catheter.	<p><b><u>Second Choice Standard Length</u></b>  <b><u>Gel not included</u></b></p> <p>ConvaTec 100% silicone Foley catheter with 10ml prefilled balloon. Standard 12ch</p> <p>ConvaTec 100% silicone Foley catheter with 10ml prefilled balloon. Standard 14ch</p> <p>ConvaTec 100% silicone Foley catheter with 10ml prefilled balloon. Standard 16ch</p> <p>ConvaTec 100% silicone Foley catheter with 10ml prefilled balloon. Standard 18ch</p> <p><b><u>Female Length - Doesn't need Gel as included</u></b></p> <p>Linc All Silicone Catheter with UniBal 5ml Balloon, Glycerine filled &amp; empty syringe and Lidocaine &amp; Chlorhexidine syringe for lubrication, <b>Female 12ch 5ml</b></p> <p>Linc All Silicone Catheter with UniBal 5ml Balloon, Glycerine filled &amp; empty syringe and Lidocaine &amp; Chlorhexidine syringe for lubrication, <b>Female 14ch 5ml</b></p> <p>Linc All Silicone Catheter with UniBal 10ml Balloon, water filled &amp; empty syringe and Lidocaine &amp; Chlorhexidine syringe for lubrication, <b>Female 16ch 5-10ml</b></p> <p><b><u>Second choice female length</u></b></p> <p>convaTec 100% silicone Foley catheter Female 10ml prefilled balloon standard 12 ch</p> <p>convaTec 100% silicone Foley catheter Female 10ml prefilled balloon standard 14 ch</p> <p>convaTec 100% silicone Foley catheter Female 10ml prefilled balloon standard 16 ch</p>	<p>UM4115121OPS</p> <p>UM4115141OPS</p> <p>UM4115161OPS</p> <p>UM4115181OPS</p> <p>085012051G</p> <p>085014051G</p> <p>085016101G</p>  <p>UM4117121OPS</p> <p>UM4117141OPS</p> <p>UM4117161OPS</p>	<p>£ 5.00</p> <p>£ 5.00</p> <p>£ 5.00</p> <p>£ 5.00</p> <p>£ 5.57</p> <p>£ 5.57</p> <p>£ 5.57</p>  <p>£ 5.00</p> <p>£ 5.00</p> <p>£ 5.00</p>
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<b>Catheters – Latex</b> <u>Long Term use – Hydrogel Coated Latex</u> Designed to remain in situ for up to 12 weeks. Supplied with a pre-filled syringe for balloon inflation and an empty syringe for balloon deflation.	<b>Standard Length – Male – Gel Needed</b>  Rusch Sympacath Aquaflate Hydrogel Coated Latex. Sterile Water Filled Syringe & Empty Syringe, <b>Male 12ch Standard</b>	DH3101/12-18	£ 6.27
	Rusch Sympacath AquaFlate Hydrogel Coated Latex with sterile water syringe, <b>Female, 12ch</b>	DH2101/12-18	£ 6.67

**Leg Bags**

Leg bags can be worn in different positions on the leg. The choice of position, i.e. thigh or calf, will determine the length of the inlet tube.

- The bags should remain connected for approximately 5-10 days. ( as per manufactories guidelines) More frequent change is normally unnecessary and breaks the closed system, thereby increasing the risk of infection.
- Leg bags can be ordered in 500ml, and 750ml.

Product Type	Choice	Code	Price	
<b>Leg Bags -500ml</b>	Qufora Leg Bags Lever Tap	Short Tube	12161804	£22.40
		Long Tube	12161504	£22.40
	Qufora Leg Bags T-Tap	Short Tube	12151804	£22.40
		Long Tube	12151504	£22.40

	Linc Leg Bag Lever Tap	Direct Inlet Short Tube Long Tube	LM500SD-L LM500MD-L LM500LD-L	£22.27 £22.31 £22.27
	Linc Leg Bag T- Tap	Direct Inlet Short Tube Long Tube	LM500SD-T LM500MD-T LM500MD-T	£22.31 £22.31 £22.31
	Ugo Leg Bags Lever Tap	Short Tube Long Tube	1C/500/ST/L 2C/500/LT/L	£23.94 £23.94
	Ugo Leg Bags T-Tap	Short Tube Long Tube	3C/500/ST/T 4C/500/LT/T	£23.94 £23.94
<b>Leg Bags 750ml</b>	Qufora Leg Bags Lever Tap	Short Tube Long Tube	12361804 12361504	£22.40 £22.40
	Qufora Leg Bags T-Tap	Short Tube Long Tube	12351804 12351504	£22.40 £22.40
	Linc Leg Bags T- Tap	Short Tube Long Tube Direct Inlet	LM750MD-T LM750LD-T LM750SD-T	£22.28 £22.28 £22.28
	Ugo Leg Bags Lever Tap	Short Tube Long Tube	7C/750/ST/L 8C/750/LT/L	£24.24 £48.48

### Night Bags

2 litre drainage bags.

Night bags should no longer be re-used in the community inpatients/ nursing homes. A single use night bag is to be attached to the leg bag and disposed of daily.

Product type	Choice	Code	Price
<b>Night Bags 2L (Disposable)</b>	Qufora cut Open Night Bags (Disposable)	13800101	£ 2.05
	Prosys cut Open Night Bags (Disposable)	P2	£ 2.06
	If OOS then LINC	LM2LNS	£ 2.13
<b>Night Bags 2L (Disposable)</b>	LINC 2litre Night Drainage Bag, 100cm inlet tube, non-return valve with twist off tube outlet (Disposable)	LM2LNS	£ 2.13
	Prosys 2 Litre night bag with valve	PSU2	£ 3.06
<b>Night Bags 2L (Drainable) All 120cm</b>	Qufora Q4 2 Litre Drainable Night Bag with 120cm inlet tube non-return valve T-Tap	14853204	£ 9.57
	Qufora Q4 2 Litre Drainable Night Bag with 120cm inlet tube non-return valve Lever Tap	14823204	£ 9.57
	Spirit Bed Bag, 2000ml, 120cm inlet tube	DSBB2000	£11.09
	LINC Flo Night Bag ( Pack of ten) <b>** Drainable should be first choice for all patients in their own home**</b>	SLC13-L	£12.15

<b>Catheter Securing Device</b>				
<b>Product Type</b>	<b>Choice</b>	<b>Code</b>	<b>Price</b>	
<b>Catheter retaining strap</b>	Prosys Catheter Retaining Strap Adult (5)	PCS50	£12.27	
	Ugo Fix Catheter Strap Medium (5) 80cm	3003	£14.18	
	Ugo Fix Catheter Strap Small (5) 45cm	3002	£12.84	
<b>Leg Bag Securing device-holder/support</b>				
<b>Product Type</b>	<b>Choice</b>	<b>Code</b>	<b>Price</b>	
<b>Catheter Sleeves</b>	Linc Sleeve Leg Bag Holder Small (24-39cm)	ME350-750S S	£7.40	
	Linc Sleeve Leg Bag Holder Medium (36-55cm)	ME350-750S M	£7.40	
	Linc Sleeve Leg Bag Holder Large (40-70cm)	ME350-750S L	£7.40	
	Linc Sleeve Leg Bag Holder X Large (65-95cm)	ME350-750S XL	£7.40	
	Linc Sleeve Leg Bag Holder XX Large (75-105cm)	ME350-750s XXL	£7.40	
<b>Leg Bag Straps</b>	Ugo Fix Sleeve Leg Bag Holder Small (24-39cm)	3005	£7.48	
	Ugo Fix Sleeve Leg Bag Holder Medium (36-55cm)	3006	£7.48	
	Ugo Fix Sleeve Leg Bag Holder Large (40-70cm)	3007	£7.48	
	Jade Velcro Straps (pk of 2)	VLS	£ 2.17	
	SGP Payne Velcro Leg Strap (pk of 2)	1001	£ 2.29	
	<b>Catheter Bag stands</b>			
	<b>Product</b>	<b>Choice</b>	<b>Code</b>	<b>Price</b>
<b>Night Bag Stand</b>	Linc Medical stand-Flat packed- Tel. 01572 717515 to order	N/A	Free	

### Catheter Valves

It is recommended that the catheter valve be changed every 5 – 7 days.

Product Type	Choice	Code	Price
<b>Ridge Valves</b>	Linc Care-Flo Catheter Valve (has Looser Lever)	CF1	£ 7.59
	Qufora Catheter Valve (has Stiffer Lever)	21104204	£ 8.50
	Prosys catheter valve lever tape	PVC3942	£ 9.64
	Uno Medical Catheter Valve with a T.Tap	90 805 1S-20	£10.35

### Lubricant Gels

Reduces the risk of urethral trauma. Recommended for both male & female patients.

Product Type	Choice	Code	Price
<b>Catheter lubricant Gels</b>	Linc Gel 6ml Syringe	LMG6	£0.90
	Linc Gel 12ml Syringe	LMG12	£0.99
	Optilube Active Sterile Lubricating Jelly w/Lidocaine & Chlorhexidine <b>6ml syringe (Female)</b>	1160	£1.10
	Optilube Active Sterile Lubricating Jelly w/Lidocaine & Chlorhexidine <b>11ml syringe (Male)</b>	1161	£1.15
	<b><u>For Supra Pubic Catheters</u></b>		
	Linc Pure Gel 6ml Syringe	LMP6	£0.85
	Linc Pure Gel 12ml Syringe	LMP12	£0.90
	Optilube Sterile Lubricating Jelly without Lidocaine <b>6ml syringe (Male &amp; Female)</b>	1125	£0.91

## Urinary Sheath

For single use, adhesive sheaths applied to the penis then attached to a drainage bag:

- Assessment must be undertaken by an appropriately trained healthcare professional;
- Patients must be measured properly including girth & length;
- Sheaths must be changed on a daily basis to relieve pressure and allow for skin hygiene.

Contra-indications are :

1. retracted penis;
2. broken skin;
3. Poor mental awareness, manual dexterity or eyesight

Product Type	Choice	Code	Price	
Sheaths	<b><u>Prosys Adhesive Silicone Sheaths</u></b>			
	<b><u>Style One Standard</u></b>			
	Prosys Flofit Self Adhesive Sheath	24mm	PSS24POPON/B	£46.20
	Prosys Flofit Self Adhesive Sheath	28mm	PSS28POPON/B	£46.20
	Prosys Flofit Self Adhesive Sheath	31mm	PSS31POPON/B	£46.20
	Prosys Flofit Self Adhesive Sheath	35mm	PSS35POPON/B	£46.20
	Prosys Flofit Self Adhesive Sheath	40mm	PSS40POPON/B	£46.20
	<b><u>Style Two Pop On</u></b>			
	Prosys Flofit Self Adhesive Sheath (Pop On)	24mm	PSS24WIDEBD/B	£46.20
Prosys Flofit Self Adhesive Sheath (Pop On)	28mm	PSS28WIDEBD/B	£46.20	



Prosys Flofit Self Adhesive Sheath (Pop On)	31mm	PSS31WIDEBD/B	£46.20
Prosys Flofit Self Adhesive Sheath (Pop On)	35mm	PSS35WIDEBD/B	£46.20
Prosys Flofit Self Adhesive Sheath (Pop On)	40mm	PSS40WIDEBD/B	£46.20
<b><u>Style Three Wide Band</u></b>			
Prosys Flofit Self Adhesive Sheath ( Wideband)	24mm	PSS24STD/B	£46.20
Prosys Flofit Self Adhesive Sheath ( Wideband)	28mm	PSS28STD/B	£46.20
Prosys Flofit Self Adhesive Sheath ( Wideband)	31mm	PSS31STD/B	£46.20
Prosys Flofit Self Adhesive Sheath ( Wideband)	35mm	PSS35STD/B	£46.20
Prosys Flofit Self Adhesive Sheath ( Wideband)	40mm	PSS40STD/B	£46.20
<b><u>Hollister InView Self Adhesive non latex Sheaths</u></b>			
<b><u>Special</u></b>		97125	£47.77
Hollister In View Self Adhesive Sheath ( Special)	25mm	97129	£47.77
Hollister In View Self Adhesive Sheath ( Special)	29mm	97132	£47.77
Hollister In View Self Adhesive Sheath ( Special)	32mm	97136	£47.77
Hollister In View Self Adhesive Sheath ( Special)	36mm	97141	£47.77

Hollister In View Self Adhesive Sheath ( Special)	41mm		
<b><u>Standard</u></b>			
Hollister In View Self Adhesive Sheath (Standard)	25mm	97225	£47.77
Hollister In View Self Adhesive Sheath (Standard)	29mm	97229	£47.77
Hollister In View Self Adhesive Sheath (Standard)	29mm	97232	£47.77
Hollister In View Self Adhesive Sheath (Standard)	32mm	97236	£47.77
Hollister In View Self Adhesive Sheath (Standard)	36mm	97241	£47.77
Hollister In View Self Adhesive Sheath (Standard)	41mm		
<b><u>Extra</u></b>			
Hollister In View Self Adhesive Sheath ( Extra)	25mm	97325	£47.77
Hollister In View Self Adhesive Sheath ( Extra)	25mm	97329	£47.77
Hollister In View Self Adhesive Sheath ( Extra)	29mm	97332	£47.77
Hollister In View Self Adhesive Sheath ( Extra)	32mm	97336	£47.77
Hollister In View Self Adhesive Sheath ( Extra)	36mm	97341	£47.77
Hollister In View Self Adhesive Sheath ( Extra)	41mm		
<b><u>Great Bear</u></b>			
<b><u>Standard</u></b>			
Great Bear Libra Self Adhesive Sheath ( Standard)	24mm	GBLSS24	£47.97
		GBLSS28	£47.97

Great Bear Libra Self Adhesive Sheath ( Standard)	28mm	GBLSS31	£47.97
Great Bear Libra Self Adhesive Sheath ( Standard)	31mm	GBLSS33	£47.62
Great Bear Libra Self Adhesive Sheath ( Standard)	33mm	GBLSS35	£47.97
Great Bear Libra Self Adhesive Sheath ( Standard)	35mm		
Great Bear Libra Self Adhesive Sheath ( Standard)	40mm	GBLSS40	£47.97
<b><u>Pop On</u></b>			
Great Bear Libra Self Adhesive Sheath (Pop On)	24mm	GBLSP24	£47.97
Great Bear Libra Self Adhesive Sheath ( Pop On)	28mm	GBLSP28	£47.97
Great Bear Libra Self Adhesive Sheath ( Pop On)	31mm	GBLSP31	£47.97
Great Bear Libra Self Adhesive Sheath ( Pop On)	33mm	GBLSP33	£47.62
Great Bear Libra Self Adhesive Sheath ( Pop On)	35mm	GBLSP35	£47.97
Great Bear Libra Self Adhesive Sheath ( Pop On)	40mm	GBLSP40	£47.97
<b><u>Wide Band</u></b>			
Great Bear Libra Self Adhesive Sheath ( Wide Band)	24mm	GBLSW24	£47.97
Great Bear Libra Self Adhesive Sheath ( Wide Band)	28mm	GBLSW28	£47.97
		GBLSW31	£47.97

	Great Bear Libra Self Adhesive Sheath ( Wide Band)	31mm	GBLSW33	£47.62
	Great Bear Libra Self Adhesive Sheath ( Wide Band)	33mm	GBLSW35	£47.97
	Great Bear Libra Self Adhesive Sheath ( Wide Band)	35mm	GBLSW40	£47.97
	Great Bear Libra Self Adhesive Sheath ( Wide Band)	40mm		
<b>Adhesive Remover spray</b>				
<b>Product Type</b>	<b>Choice</b>		<b>Code</b>	<b>Cost</b>
<u>Sprays</u>	Rhodes Pharma Sto Care Medical Adhesive Remover Spray 50ml		STC100	£5.90
	Lift Plus 360 Adhesive Remover 50ml		5506	£5.99
	Opus Lift Plus 360 Citrus Medical Adhesive Remover Spray		5507	£5.99
<u>Wipes</u>	Convatec Adhesive Remover Wipes		S208	£8.65
	Rhodes Pharma Care Adhesive Remover Wipes		STC200	£8.60
<b>URINALS</b>				
<b>Product type</b>	<b>Choice</b>		<b>Code</b>	<b>Cost</b>
<u>Male urinal</u>	Beambridge Medical bed bottle Volume 1300mls. Closed End.			£12.00
<u>Female urinal</u>	Beambridge Medical. Female polypropylene saddle style		FOOVO53	£21.00

### **CATHETER MAINTENANCE SOLUTIONS**

**DO NOT USE** maintenance solutions to prevent catheter-associated urinary tract infection (CAUTI) Management of recurrent catheter blockage is best achieved by identifying a pattern of catheter life. There are quite a few causes of catheter blockage; kinks in tube, constipation, catheter embedded in catheter wall, encrustation, debris etc.

Caution should be exercised in the use of any catheter maintenance solution as there is evidence that all solutions increase the shedding of epithelial cells within the bladder. [Cochrane Database of Systematic Reviews - 06 March 2017 comparing washouts with no washouts concluded that there was no evidence that washouts were beneficial; in-fact they posed some disadvantages](#)