

**Basingstoke, Southampton and Winchester
District Prescribing Committee (DPC)**

Recommendations of the meeting of Tuesday 13th October 2020

Supported or limited support e.g. Specialist recommendation

Esomeprazole granules for oral suspension- based on the evaluation of the evidence for efficacy, safety and cost effectiveness, the Committee would support use of esomeprazole sachets. Use should be restricted to children with enteral feeding tubes, aged ≥ 1 year and weighing ≥ 10 kg (lansoprazole dispersible preferred in adults). Specialists should ensure clear communication with GPs regarding duration of treatment and ensure patients on long-term treatment are regularly reviewed. Recommended to be added as AMBER to formularies.

Not Supported

Estradiol 1.53mg/metered dose transdermal spray (Lenzetto[®]) - based on evaluation of the evidence for efficacy, safety and cost effectiveness, the Committee does not support the routine use of estradiol (Lenzetto) transdermal spray for HRT. Lenzetto does not offer advantages to established transdermal oestrogen preparations for HRT, since it is not licensed for osteoporosis prevention, dose equivalence is unclear, and use may result in higher costs and reduced safety. Not recommended to be added to formularies.

Other Information and formulary updates

Shared care guidelines – the following guidelines have been developed or updated and are available on the website below

- Azathioprine or Mercaptopurine
- Leflunomide
- Sulfasalazine
- Delta-9-tetrahydrocannabinol and cannabidiol (Sativex[®]) oral mucosal spray

The Committee also noted the following documents

Enoxaparin biosimilar (Inhixa) factsheet (updated)

SHIP8 Clinical Commissioning Groups Priorities Committee: Treatments for Erectile Dysfunction and Penile Rehabilitation following Radical Prostatectomy

Guidance documents are available [Here](#) (hosted by West Hampshire CCG)

Summarised on behalf of the District Prescribing Committee by Andrea White (Southampton City CCG)