

Guidance for Patients with Heart Failure During Coronavirus (Covid-19) Pandemic

Current evidence suggests that patients with chronic health conditions (including heart failure) are at higher risk of contracting coronavirus and may become more seriously ill with an associated increased risk of death from the virus.

In line with the recent government advice the Heart Failure Team at University Hospital Southampton would **strongly** advise that all patients with this condition:

- **Follow government guidelines for vulnerable adults and practice social distancing with immediate effect:**
<https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people>
- **Continue to take all of your current prescribed medications including ACE inhibitors (e.g. ramipril, enalapril) and ARBs (e.g. losartan, candesartan and Entresto), unless advised to stop by their GP or a member of the Heart Failure Team**
- **If you develop symptoms of Coronavirus infection (COVID-19) self-isolate and do not go to your GP or A+E**
- **If your symptoms worsen during home isolation or are no better after 7 days, contact [NHS 111 online](#). If you have no internet access, call NHS 111. For a medical emergency dial 999**
- **If you have non-emergency symptoms of worsening heart failure (see enclosed traffic light) please call 02381 203140 for advice. Leave a brief message with your name, address, hospital number if you have it and a telephone number. One of the nurses will call you back.**

For the most up to date information please visit <https://www.gov.uk/>