**INSERT PRACTICE LOGO AND ADDRESS**

Address 1

Address 2

Address 3

Address 4

Date

Dear [Name]

**Re: Changes to your thickening product Nutilis Clear**

Descriptions for thickened drinks are changing from three stages to four levels – your healthcare professional will refer to them as ‘IDDSI levels’ (International Dysphagia Diet Standardisation Initiative levels).

What does this mean for me?

As a result of the change there will be new labelling on tins of Nutilis Clear which will be available from community pharmacies from mid-May 2018. In order to identify whether you have received the new tin look for: a red sticker on the lid, a new green scoop in the tin (which will be smaller than the previous purple scoop), and the new IDDSI directions for use.

**This change affects the number of scoops required to thicken drinks. As a result the thickness of your drink may be slightly different. Please see conversion chart enclosed for instructions on how many of the new scoops you will need to thicken your drinks**

Timelines for change

Tins of Nutilis Clear with the new scoop will be available from mid-May 2018. Please note: there will be a short period of time when existing tins and new tins will be available.

If you have any concerns about how to convert to the new number of scoops, in the first instance, please contact the Speech and Language Therapy Service who recommended your thickener. If you do not have their details, contact your GP, Dietitian or Community Nurse. Alternatively you can ring the **Medicines Enquiry Helpline:** 023 8062 7898

**For further information please visit:** [**www.iddsi.org**](http://www.iddsi.org)

Yours sincerely

Medicine Optimisation Team