

**Basingstoke, Southampton and Winchester
District Prescribing Committee (DPC)**

Recommendations of the meeting of Tuesday 11th June 2019

Supported or limited support e.g. Specialist recommendation

Mepivacaine 3% plain injection for intracervical local anaesthesia- The Committee supports the specialist use of this product off label in accordance with Faculty of Sexual & Reproductive Healthcare guidance to facilitate insertion of intrauterine contraception in selected patients within sexual health and contraceptive services only. Consider adding to formularies as RED.

Oscillating Positive Expiratory Pressure devices for airways clearance in chronic sputum-producing lung disease – six devices are currently listed as approved appliances in the Drug Tariff. After consideration of the evidence for efficacy and costs, the Committee supports the use of the devices listed below. Initiation (i.e. device choice and training) and ongoing monitoring should take place in secondary care since airways clearance is a specialist area. Primary care may prescribe if a replacement/additional device is required in between secondary care reviews. Consider adding to formularies as AMBER.

PARI O-PEP 1st line
Aerobika 2nd line
Acapella 3rd line

The remaining 3 devices (Flutter, LungFlute, RC-Cornet) should be reserved for use in exceptional circumstances only when the above devices are not suitable, and are therefore not recommended for adding to formularies.

Rosuvastatin - The Committee supports the restricted use of rosuvastatin in patients requiring high intensity statin treatment and for whom atorvastatin/high dose simvastatin is not suitable. Organisations could consider adding it to local formularies as GREEN.

Other Information and formulary updates

Dry eye guidelines- an updated version of the guideline was agreed and will be available on the website below soon

Insulin Degludec (Tresiba) 100units/ml - The committee recommends changing formulary status from AMBER to GREEN

NB Insulin Degludec 200 units/ml should remain AMBER

Guidance documents are available [Here](#) (hosted by West Hampshire CCG)

Summarised on behalf of the District Prescribing Committee by Andrea White (Southampton City CCG)