

# Referral pathways for Mental Health ( West Locality WHCCG)

Patient presents needing referral to MH services

**Presents to own GP** Mon-Fri : 9am-5pm  
Health or joint health and social needs:  
Contact local  
**Community Mental Health Team**  
**NF East Anchor House:**  
**023 8086 8886**  
**NF West Waterford House:**  
**01425 622922**  
Predominantly social needs:  
Contact  
**Social Care Mental Health team**  
**Lymington Area Office, The Old Court**  
**House, Avenue Road, Lymington,**  
**SO41 9YB 01590 625175**  
All urgent referrals are triaged by CMHT  
If CMHT feel needs urgent assessment  
(within 24hrs) they will refer onto AMHT

**Presents to own GP or OOH GP**  
Mon- Fri: 5pm-9am, weekends, bank  
hols  
Contact  
**Acute Mental Health Team**  
Melbury Lodge: 01962 897726  
If no answer then ward 01962 825560  
9pm-8am often phone advice only,  
may be able to visit in the community if  
needed  
Referrer can be passed to on-call  
psychiatry consultant for advice,  
including whether a Mental Health Act  
assessment is needed.  
MHA referral or advice (HCC AMHP  
service) 0845 600 4555

**Presents to Emergency Department**  
Assessed by ED staff, any physical  
health needs managed  
UHS, RHCH and BNHH have a **Liaison**  
**psychiatry service 24/7**  
Assessed by psychiatric liaison  
practitioner then referred on to AMHT,  
CMHT, italk, Wellbeing services or GP as  
needed.

**Arrested by police under section 136**  
Taken to 136 suite (Parklands hospital in  
Basingstoke for WHCCG pts)  
Mental Health Act undertaken decision  
taken to admit or discharge to AMHT/  
CMHT/GP

**Urgent:** high level of risk involved e.g. suicidal intent and plans, acute psychotic episode. Individual needs assessment done **within 24hrs**  
**Soon:** No immediate crisis to be seen **within 10 working days**  
**Routine:** low/medium risk to be seen **within 7 weeks**  
**DON'T FORGET: Wellbeing centres:** Hythe, New Milton (Solent MIND) [www.solentmind.org.uk/content/our-wellbeing-centres](http://www.solentmind.org.uk/content/our-wellbeing-centres)  
**Psychological therapies:** [www.italk.org.uk](http://www.italk.org.uk) Recovery College: [www.southernhealth.nhs.uk/recovery](http://www.southernhealth.nhs.uk/recovery) provided by Southern Health offering free courses for current and past service users (discharged within last 2yrs), carers and SHFT staff and anyone who is unwaged, fees apply for others.

